

# COMPACT

## St John the Apostle Parish

*A Missionary of the Sacred Heart Parish*



The Most Holy Body and Blood of Christ  
23 June 2019

Year C  
#30.19

### From the Pastor's desk.....

We celebrate the gift of the Eucharist each Sunday and on weekdays. But during the year two particular celebrations present an opportunity to focus more closely on this gift: The Mass of the Lord's Supper on Holy Thursday evening and the Solemnity of the Most Holy Body and Blood of Christ which we celebrate today. The Solemnity of the Most Holy Body and Blood of Christ, or *Corpus Christi* as it has traditionally been known, had its origins in the middle ages. It was first celebrated at Liège in 1247 and has remained a popular feast often accompanied by festive processions.

The celebration of the Solemnity of the Most Holy Body and Blood of Christ is an opportunity to reflect on our practice of receiving communion. When we are invited to a meal, one assumes there will be both food *and* drink! And yet from about the 12 century until the reforms of Vatican II only the priest drank from the chalice. Fortunately, Catholics have now resumed a practice that is rightly theirs – to eat and drink of the Lord's body and blood. As the Roman Missal makes clear, "in the instances when it is permitted, they partake of the chalice, so that even by means of the signs Communion will stand out more clearly as a participation in the sacrifice actually being celebrated."

Our communion in the Lord is still complete if we only receive the host, but it's symbolic power is certainly weakened. Also, the words of Jesus... "Take this all of you and drink from it..." are seemingly ignored.

Vatican II also reintroduced the ancient practice of receiving Communion on the hand. Writing during the fourth century Cyril of Jerusalem exhorts his congregation:

*When you come forward, do not draw near with your hands wide open or with the fingers spread apart; instead, with you left hand make a throne for the right hand, which will receive...Receive the body of Christ in the hollow of your hand and give the response: "Amen."...Then, after sharing in the body of Christ, draw near also to the cup of his blood... bow in adoration and respect, and say: "Amen." Then sanctify yourself further by sharing in the blood of Christ."*

**Peace & blessings,  
Gerard**

## Parish Administration:

Pastor Fr. Gerard McCormick msc  
Email: [gerard@stjohnkippax.org.au](mailto:gerard@stjohnkippax.org.au)

Assistant Pastor  
Fr. Kimi Vunivesilevu msc  
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Pastoral Associate/Parish Manager  
Marian England  
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Parish Secretary Sharon Greaves  
Email: [kippax@cg.org.au](mailto:kippax@cg.org.au)

Youth Minister Eoin Garton  
Email: [Eoin.Garton@cg.org.au](mailto:Eoin.Garton@cg.org.au)

### Parish Office:

25 Blackham Street HOLT ACT  
Office Hours: 9.00am - 3.00pm  
Mon-Fri  
Telephone: 6254 3236  
Email: [kippax@cg.org.au](mailto:kippax@cg.org.au)  
Web: [www.stjohnkippax.org.au](http://www.stjohnkippax.org.au)

### MASS TIMES

Vigil Saturday	5:00pm
Sunday	8:30am, 10:00am, 6:00pm
Mon, Wed, Thurs, Fri	9:30am
Liturgy of the Word with Communion:	
	Tues 9:30am

### Baptisms:

1st & 3rd Sun during 10:00am Mass

**Reconciliation:** Sat 4:00pm – 4:30pm



**Hearing Loop:** in the central body of the church.

## ST JOHN THE APOSTLE PRIMARY SCHOOL

Principal: Matthew Garton  
Pawsey Circuit Florey  
Phone: 6258 3592  
Email: [office.sjaps@cg.catholic.edu.au](mailto:office.sjaps@cg.catholic.edu.au)  
[www.sjaps.act.edu.au](http://www.sjaps.act.edu.au)

## Becoming Catholic Rite of Christian Initiation of an Adult [RCIA]

St John the Apostle Parish runs a RCIA program all year. If you know someone who would like to become Catholic, please contact the parish office for more information.

## Parish News.....



RCIA

A JOURNEY IN FAITH

Congratulations to Carlee-Ann Tonkin who will be received into the Body of Christ in our Community this weekend at the 5:00pm Mass.

### Sacrament of the Eucharist.

#### Formation Evening for Parents

Monday 24 June 2019

7:00pm – 8:30pm

St John the Apostle Parish Centre

The children will be presented at mass next weekend. They will give their prayer card to a parishioner who is asked to pray for them as they prepare to receive Jesus in the Eucharist.

Would you please hold these children and their families in your prayers. First Holy Communion will be celebrated in August.

### St John the Apostle Women's Breakfast

*The next breakfast is*

7:30am Tuesday

25 June 2019

*Lucky Shot Espresso Bar*

Hardwick Crescent KIPPAX

**Over 45's** will meet on **Wednesday 26 June** for Mass at 9:30am, followed by morning tea in the parish centre. Please come and join us, you are all most welcome. Please bring a plate to share.

Enquiries phone Margaret 6254 4048

### Feast of the Sacred Heart

Friday 28 June



Mass will be celebrated at 9:30am followed by a morning tea in the foyer.

Please bring a plate for morning tea.

Fr. Gerard will celebrate mass at St John the Apostle Primary School at 11:00am

**SACRIFICIAL GIVING ENVELOPES 2019-2020**  
Are now available in the foyer for collection.

**Funeral Notice – Requiem mass** to celebrate the life of **Ursula Sweeney**. Will be celebrated on Monday 24 June, at 2:00pm.

### SJA RRC – Invites you to a Movie Afternoon

As part of Refugee Week 2019  
'A World of Stories' - #WithRefugees

MOVIE: Freedom Stories

WHEN: **Sunday, 23<sup>rd</sup> June 2019**

TIME: 2:00pm

WHERE: Parish Centre

### Reconciliation Action Plan [RAP]



The Parish Pastoral Council is developing a Reconciliation Action Plan and is seeking people who may be interested in being part of the development committee. Please contact the parish office if you are interested in being involved in this initiative.

### CONCERNED CATHOLICS OF CANBERRA - GOULBURN - PUBLIC FORUM

Presenter: Frank Brennan SJ AO

Topic: "Our Church or Our Museum?  
contributing to a confident, humble,  
listening, and questioning Church".

Date: Wednesday 26 June

Time: 7:30pm - 9:00pm

Cost: Free

Venue Australian Centre for Christianity & Culture

Phone: 0417 603 697

Email: [concerned.catholics.cangbn@gmail.com](mailto:concerned.catholics.cangbn@gmail.com);

Website: [www.concernedcatholicscanberra.org](http://www.concernedcatholicscanberra.org)

### SMS & EMAIL COMMUNICATION

The parish office can send messages & reminders via SMS and email.



SMS

Please provide the parish office with your mobile phone number and email address if you would like to receive communication in this format.

### Come inside.....

#### THE CHURCH FOYER IS HEATED

To maintain the heat in the foyer and to conserve energy would you please close the door when entering the church. Thank you.

Conserve  
heat  
Please close  
the door

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# Reflection

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## Two Fish & Five Loaves

God as Trinity reveals an economy of grace—overflowing love. The Gospel stories of “multiplication” clearly show a world view of abundance. When Jesus feeds a crowd with very little food, he’s revealing the nature of spiritual reality more than just performing a miracle (see Matthew 14:15-21). Notice that the apostles advise Jesus against it: “But how will two fish and five loaves be enough for so many?” They, like most of us, live in a worldview of scarcity. In every multiplication story, the Gospel writer emphasizes that there is always much left over, which should communicate the point: the universe always has more than enough of itself to give, if the portals of mind and heart are left open.

The money system *is* a game of musical chairs, a mad scramble in which some are necessarily left out. . . . It is an outgrowth of our attitude of scarcity—an attitude that rests on an even deeper foundation: the basic myths and ideologies of our civilization that I call the Story of Self and Story of the World. Ultimately, work on self is inseparable from work in the world. Each mirrors the other; each is a vehicle for the other. When we change ourselves, our values and actions change as well. . . .

In our current money system, it is mathematically impossible for more than a minority of people to live in abundance, because the money creation process maintains a system of scarcity. . . . [This] rests on a foundation of Separation. It is as much an effect as it is a cause of our perception that we are discrete and separate subjects in a universe that is Other. Opening to abundance can only happen when we let go of this identity and open to the richness of our true, connected being.

Only a personal experience of unconditional, unearned, and infinite love and forgiveness can move you from the normal worldview of scarcity to the divine world of infinite abundance.

Taken from: *Scarcity or Abundance?* By Richard Rohr OFM

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# Heart Spirituality

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## The Eucharist

The love Jesus has for his Father call him back to heaven; his affection for us urges him to remain.

This divine Heart will find the way to satisfy these somewhat incompatible loves.

Impelled by his Heart, burning with love for us, he will institute a sacrament in which he will be really, substantially present until the end of the ages, to converse familiarly with us, to give himself to us without reserve by multiplying miracles, miracles greater and more wonderful than those which he wrought when he made the world emerge from nothing.

Jules Chevalier msc  
(Sacré-Coeur de Jésus 1,p. 213f, Paris 1900)

**May the Sacred Heart of Jesus be everywhere loved.....forever!**

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## Stewardship

Embracing a stewardship way of life, with its emphasis on the use of time, talent, and treasure, helps us to live in such a way that our very lives speak as a witness of the Good News of the Gospel.

In the use of Time, we can ask ourselves if we are keeping the particular prayer commitments we have made. Maybe my prayer commitments have become routine and I could carry them out more intentionally once again. Maybe my schedule has changed and I need to establish a new time to pray.

In the use of Talent, have I stayed faithful to the ministry commitments I made? How is my attitude towards serving? Am I joyful and humble about the work I am doing? How has my serving of others changed and blessed me?

Finally, let's take a look at our use of Treasure. Have I been generous in my financial giving? If so, have I noticed a deepening trust in God's care for me? Have I become a little more detached from the pull of materialism that surrounds us all in this day and age?

Stewardship Reflections from [TheCatholicSteward.com](http://TheCatholicSteward.com)

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**“To be on earth the Heart of God”**



*Let us pray for those who are sick.  
We remember them in our Masses.*

**Recently Deceased:** *Phil Donoghoe,  
Ursula Sweeney (Mother of Louise Niven)*

**Anniversary:** *Robert Cocks, Joan Loughry,  
Dulcie Henshaw, Adrian Uhr, Giovanni Scalora,  
Jason Murray, Arthur Yee, Kevin Maloney,  
Nathan Jones, Daniel O'Connor, Eileen Schmich,  
John Lazaro, Mildred Holland, William Edmunds,  
Rohan Murphy, Norah Keneally, Rebecca Malone,  
Jane McDonough, Stanley Howell, Narelle Karling,  
Lynne Williman, Philip Connolly, Daniel Worner,  
Catherine Farrugia, Gilbert Hall, Patrick Salmon,  
Jean Irvine, Hortencia Cid.*

## PRAYER LIFE

Charismatic Prayer: Maida: 0423 658 326	Thursday 7:30pm Rosary 7:00pm
Meditation	Friday 7.30-8.15 pm
Morning Prayer:	Mon, Tues, Fri 9:10am
Stations of the Cross	First Friday Monthly After 9:30am Mass
Children's Mass	Second Sunday monthly 10:00am
Adult Choir	Wednesday 7:30pm
Children's Choir	Wednesday 4:15 - 5pm

## SOCIAL LIFE

Coffee Club	Fourth Sunday after 10:00am Mass
Over 45's	Last Wednesday of the Month 9:30am Mass and morning tea
Pins & Needles	3 <sup>rd</sup> Monday of the Month 7:15pm Parish Library
Book club	3 <sup>rd</sup> Sunday of the Month 3:00pm Parish Library
Women's Breakfast	4 <sup>th</sup> Tuesday of the Month 7:30am Lucky Shot Espresso Bar Kippax
Youth Group	AGAPE - First & Third Sunday after 6:00pm Mass Parish Centre
Mens Group	2 <sup>nd</sup> Friday of the Month 6:00pm Brindabella Club (Magpies Golf Club)

School of Religion (Parish Centre)	Sunday 9.15am during school term
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**LIBRARY NEWS:** A fresh batch of books on prayer and meditation are on display this week including "The Lion Prayer Collection" over 1,000 prayers for all occasions.

## RESPONSE TO THE PSALM:

You are a priest forever,  
in the line of Melchizedek.

## GOSPEL ACCLAMATION:

Alleluia, alleluia!  
I am the living bread from heaven,  
says the Lord;  
whoever eats this bread will live forever.  
Alleluia!

## Readings – 30 June 2019

First Reading 1 Kgs 19:16, 19-21  
Psalm Ps 15:1-2, 5, 7-11  
Second Reading Gal 5:1, 13-18  
Gospel Luke 9:51-62

## 30 June Reading Roster

5:00pm	Therese Kercher, Joe Catanzariti
8:30am	Judith Deklin, Elizabeth McDonald
10:00am	Libby Kain, Judy Lane
6:00pm	Brian Mahony, Meg Millband

## 30 June Ministers of Communion

5:00pm	Joy McInerney, Janet Almond, Marie McKie, Maria Catanzariti, VACANT
8:30am	Fay Stephenson, Carmel Screen, Jean Tierney, Clyde Sloan, Darren Maharaj
10:00am	Nunga Umaru, Barbara Witzens, Colin Fox, Bonnie and Rose Benedictos
6:00pm	Margaret Curry, Marian Crowley, James and Toni Cox, VACANT

## 30 June Hospitality Roster

5:00pm	VACANT
8:30am	Agnes Pham, Rob Breen
10:00am	Judy Kenny
6:00pm	VACANT

## Weekly Rosters

Altar Society:	24 June	Margaret Stanford
Grounds	29 June	All Groups
Counting:	30 June	Group 9
Church Cleaning:	24 June	Joseph Lê Văn Hải Sam Van Nguyen

## On a Lighter note

Q. What's a banana peel's favorite type of shoe?  
A. Slippers!

Q: Why is it not a good idea to try to trick a snake?  
A: Because you can't pull his leg.