

Reflection

The Virtue of Hope

When we try to live in solidarity with the pain of the world—and do not spend our lives running from it—we will encounter various forms of “crucifixion.” Pain is physical or emotional discomfort, but suffering often comes from our resistance to that pain. The soul must walk through such suffering to go higher, further, deeper, or longer.

Necessary suffering allows us to grow, but “in secret” (Mark 4:26–29), which is an amazingly common concept, both in the teachings of Jesus and of many of the mystics. Such growth must largely be hidden because God alone can see it and steer it for our good. If we try too hard to understand it, we will stop the process or steer it in the wrong direction.

The virtue of hope, with great irony, is the fruit of a learned capacity to suffer wisely, calmly, and generously. The ego demands successes to survive; the soul needs only meaning to thrive. Somehow hope provides its own kind of meaning, in a most mysterious way.

The Gospel gives our suffering both personal and cosmic meaning by connecting our pain to the pain of others and, finally, by connecting us to the very pain of God. Did you ever think of God as suffering? Most people don’t—but Jesus came to change all of that.

God works best underground and in our unconscious, by rearranging our assumptions and presuppositions—frankly, when we are not in control. The work of grace and healing mostly happens “in secret” as Jesus himself seems to say (Matthew 6:1-13).

Parish Administration:

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Mon-Fri

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MASS TIMES

Vigil Saturday 5:00pm

Sunday 8:30am, 10:00am, 6:00pm

Mon, Wed, Thurs, Fri 9:30am

Liturgy of the Word with Communion:

Tues 9:30am

ST JOHN THE APOSTLE PRIMARY SCHOOL

Principal: Matthew Garton

Pawsey Circuit Florey

Phone: 6258 3592

Email: office.sjaps@cg.catholic.edu.au

www.sjaps.act.edu.au



Teresa's Bookmark

Let nothing disturb you.

Let nothing upset you.

Everything changes.

God alone is unchanging.

*With patience all things
are possible.*

*Whoever has God
lacks nothing.*

God alone is enough.

Heart Spirituality

Jesus' emotions touched his heart

At time our Saviour showed that as a person he was troubled, suddenly disturbed; as no doubt happened when his gaze fell upon some greater distress, some more pitiable misfortune: the widow of Nain behind the coffin of her only son, Mary weeping over the death of Lazarus, the Jewish people's failure to believe. On such occasions Jesus was deeply moved; waves of tenderness and love invaded his soul. His heart reacted to these impressions, his blood flowed more rapidly; his face, his gestures and his tears betrayed the emotion he felt inside him, an emotion he would not restrain.

Jules Chevalier msc
(Le Sacré-Coeur de Jésus p.129f, Paris 1900)

May the Sacred Heart of Jesus be everywhere loved.....forever!

Stewardship

St. Paul reminds us of the power of our Baptism and how it is that this sacrament makes us disciples and therefore stewards. We can only love others, and even ourselves truly, if we allow ourselves to be emptied of self-love and filled with God's love. This is why our Lord tells us we must "lose our lives." Putting ourselves or others — even those dearest to us — above God simply cannot give us the ultimate fulfillment and peace of soul that we all want.

But how do we know if we love God more than "father or mother or son or daughter"? Jesus tells us in the next verses. And the fascinating genius of it all is that it is precisely through loving actions towards others, loving them as if they were Christ, that we demonstrate our love for Christ!

So, we have come full circle to the importance of hospitality, and to putting God first in our lives because we have become disciples of Christ through our Baptism. We put God first by serving others as if we were serving Christ Himself, thus losing a self-centered life and finding our true fulfillment.

Parish News

COVID-19 Protocols

- **Seating in the Church - Physical**
Distancing of 2 meters square, only sit where the seats are marked.
- You must record your name and contact details when attending Mass. The attendance sheet is on the table in the foyer.
- We ask that you disinfect and wipe down your own seat, this will assist with the necessary cleaning of the Church (thank you).
- At the sign of peace, acknowledge but refrain from touching.
- The faithful should only receive Holy Communion in the hand, not on the tongue.
- Distribute the Sacred Host only and not the Precious Blood.
- Collection plates will not be passed around during Mass. There are baskets in the foyer for you to place your sacrificial giving. Alternatively, you may like to use one of the electronic methods listed below as your method of giving.
 - Tap & Go, in the foyer
 - Qkr, download the App
 - Direct Debit – contact the parish office
 - Credit Card - contact the parish office
 - EFT that you set up from your bank.

COVID-19 Restrictions - Singing

There is to be no singing at Mass until further notice. This includes singing the Gospel Acclamation.

Protocols for entering Church

8:30am - 5:00pm for private prayer. Please practice physical distancing at all times.

We are required to keep a record of every person who enters the church building. Please enter your name on the attendance sheet in the foyer.

ROSTERS 2020 -2021

Through our baptism we are all called to participate in Christ's Mission.

Thank you to all the parishioners who have committed to parish ministries for the 2020-2021 period.

You are all invited to participate in the mission and ministry life of our parish with your time, talent and treasure.

We are in need of more reading ministers at the 10:00am and 6:00pm Mass, if you are not currently involved in a ministry, please give this your prayerful consideration

**The ministry commitment period is
1st June 2020 to 31st May 2021**

SJACare



Supporting parishioners in our community

If you, or if you know of anyone who is housebound and would like to receive Holy Communion or a pastoral visit please contact the parish office.

Taizé with Eucharistic Adoration

First Friday Monthly

7:30pm – 8:30pm – 3rd July.



Everybody is welcome and encouraged to come along to spend time with our Lord in prayer and thanksgiving to refresh our souls.

There will be periods of reflective music (Taizé) and silent adoration.



SJA Men's Group

Meeting Monthly

6:00pm – 8:00pm

For more information contact the parish office.

**Next gathering: Friday 3 July
St John the Apostle Parish Centre**

**SACRIFICIAL GIVING ENVELOPES 2020-2021
Are now available for collection. They are on a table in the Church foyer.**

Planned Giving Tax Receipts 2019 – 2020
Will be emailed to you after 5 July 2020

Let us pray for those who are sick.
We remember them in our Masses.

Recently Deceased: Elsie Bingham,
Garrick Kelly

Anniversary: Arthur Yee, Kevin Maloney, Nathan Jones, Daniel O'Connor, Eileen Schmich, John Lazaro, William Edmunds, Mildred Holland, Rohan Murphy, Norah Keneally, Jan McDonough, Rebecca Malone, Stanley Howell, Narelle Karling, Lynne Williman, Philip Connolly, Daniel Worner, Nigel Smith, Catherine Farrugia, Gilbert Hall, Patrick Salmon, Jean Irvine, Hortencia Cid, John Bell, Jack Synnott, Elizabeth Dennison, John O'Brien, Steven Argy, Rosalie Callaghan, Constance Crowe, Gertrude Czarnik, Conner Cooke, Anne Patterson, Sam Ford.

THANK YOU

Thank you to everyone who supported me in the recent Vinnie's CEO Sleepout. Just over \$3,500 was donated. Donations can still be made.

Thank you. Ted Kell

Vinnies Winter Appeal



is being replaced by the COVID-19 Crisis Appeal. Donations can be made online at <https://donate.vinnies.org.au/donation-hub> or by calling 13 18 12. Donations may be made at the Parish Office as well. Contact Mike for more information – 0419818410

Granny Flat for Rent

Fully furnished 1 bedroom granny flat in Macgregor for rent at \$275 per week
Non Smoker required
Contact Christine 0402 486 775

"Be on earth the Heart of God"

Becoming Catholic

Rite of Christian Initiation of an Adult [RCIA]
please contact the parish office for more information.

SACRAMENTAL LIFE

| | |
|---------------------------------------|--------------------------------------|
| Baptisms | 1st & 3rd Sun during 10:00am Mass |
| Reconciliation | Sat 5:00pm – 5:30pm |
| Sacramental Program | Contact Parish Office |
| School of Religion (Parish Centre) | Sunday 9.15am during school term |

PRAYER LIFE

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| Charismatic Prayer: Maida: 0423 658 326 | Thursday 7:30pm Rosary 7:00pm |
| Meditation | Friday 6.15-7.15 pm |
| Rosary | Monday – Friday 9:05am |
| Eucharistic Adoration | 1 st Friday of the Month 8:00pm – 9:00pm |
| Adult Choir | Wednesday 7:30pm |

SOCIAL LIFE

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| Coffee Club | Fourth Sunday after 10:00am Mass |
| Over 45's | Last Wednesday of the Month 9:30am Mass and morning tea |
| Pins & Needles | 3 rd Monday of the Month 7:15pm Parish Library |
| Book club | 3 rd Sunday of the Month 3:00pm Parish Library |
| Women's Breakfast | 4 th Tuesday of the Month 7:30am Lucky Shot Espresso Bar Kippax |
| Youth Group | AGAPE - First & Third Sunday after 6:00pm Mass Parish Centre |
| Men's Group | 3 rd Friday of the Month 6:00pm Parish Centre |

SMOKE FREE ZONE

There is a 4-metre smoke free zone from the entrance and exits of the church buildings. Thank you



Hearing Loop: in the central body of the church.



TAP & Go –

The donation amount is set at \$10. As Tap & Go is anonymous we have no way of identifying who has made the donation so we are unable to provide a tax receipt



Donations to the 1st & 2nd Collections at St John the Apostle Parish can now be made using Qkr!

RESPONSE TO THE PSALM:

Forever I will sing the goodness of the Lord.

GOSPEL ACCLAMATION:

Alleluia, alleluia!
You are a chosen race,
a royal priesthood, a holy people.
Praise God who called you out of darkness
and into his marvelous light.
Alleluia!

Readings – 5 July 2020

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| First Reading | Zec 9:9-10 |
| Psalm | Ps 144:1-2,8-11,13-14 |
| Second Reading | Rom 8:9,11-13 |
| Gospel | Matthew 11:25-30 |

5 July Reading Roster

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|---------|---------------------------------|
| 6:00pm | Mick Horan, Lesley Givens |
| 8:30am | John O'Heir, Elizabeth McDonald |
| 10:00am | Frank Colley, Robin Williams |
| 6:00pm | Marian Crowley, Eoin Garton |

5 July Ministers of Communion

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| 6:00pm | Judy Netting, Maria Catanzariti, Helen Kennedy |
| 8:30am | Carmel Screen, Sigrid Kropp, Maria Scarr, Darren Maharaj |
| 10:00am | Pat Sheppard, Priscilla Dryden |
| 6:00pm | VACANT |

Weekly Rosters

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| Altar Society: | 29 June | Gabe Culhane |
| Grounds | 4 July | VACANT |
| Church Cleaning: | 29 June | Marian England, Sharon Greaves |

On a Lighter note

POEM

I dig,
you dig,
he digs,
she digs,
we dig,
they dig.

It is not a long poem, but it is very deep.