

# COMPACT



## St John the Apostle Parish

*A Missionary of the Sacred Heart Parish*

**14th Sunday in Ordinary Time**  
**5 July 2020**

**Year A**  
**#32.20**

## Reflection

### Carrying each other's burdens

Jesus invites us to shoulder his yoke and learn from him for he is gentle and humble in heart. The yoke he invites us to shoulder is the deceptively simple teaching: love God and love your neighbour. The busy spin of so many people's lives today does not allow room for God; does not allow room for prayer and quiet; does not allow room for compassionate response to others. To love God is to consciously make a place in our lives for God.

Our faith is not about praying away our problems or fears and wishing it were otherwise. Our faith means we have experienced the love of God in Jesus Christ so that we never carry our burdens alone. God is our companion and guide and this parish Community, as with every Christian community, is called to be the sort of place where we carry each other's burdens and rest with each other awhile.

What we celebrate each Sunday is that God will have the last word, a just, joyous, loving and peaceful word, in this world and when we enter our final rest. Jesus didn't come to us as a divine magician, waving a wand over our problems to wipe away all our tears. Rather, he accompanies us so he can show us that the gift of peace and a release from our life's burdens is often found in having the perspective for exercising the gift of right judgment. Making the best possible choices leads to the alleviation of our pain and difficulties.

In confronting issues, it is necessary for spiritual and mental health to take time out, to be as gentle with ourselves as possible, to know that the burden of life is shared so that we can make the decisions that will ease the situation. Jesus' quite intimate words to the Father in today's passage carry with them an enormous amount of relief and perhaps released frustration. It is almost a cry of 'Thank God!' we can give our burdens to God.

Resources used: *Homily*, by Richard Leonard SJ. & *Reflection*, by Greg Sunter at LiturgyHelp

## Parish Administration:

### Administrator

Fr. Kimi Vunivesilevu msc

Email: [kimi@stjohnkippax.org.au](mailto:kimi@stjohnkippax.org.au)

### Assistant Pastor

Fr. Michael Stephan msc

Email: [michael@stjohnkippax.org.au](mailto:michael@stjohnkippax.org.au)

### Pastoral Associate/Parish Manager

Marian England

Email: [marian@stjohnkippax.org.au](mailto:marian@stjohnkippax.org.au)

### Parish Secretary Sharon Greaves

Email: [kippax@cg.org.au](mailto:kippax@cg.org.au)

### Youth Minister Eoin Garton

Email: [Eoin.Garton@cg.org.au](mailto:Eoin.Garton@cg.org.au)

### Parish Office:

25 Blackham Street HOLT ACT

Office Hours: 9.00am - 3.00pm

Mon-Fri

Telephone: 6254 3236

Email: [kippax@cg.org.au](mailto:kippax@cg.org.au)

Web: [www.stjohnkippax.org.au](http://www.stjohnkippax.org.au)

### MASS TIMES

Vigil Saturday 5:00pm

Sunday 8:30am, 10:00am, 6:00pm

Mon, Wed, Thurs, Fri 9:30am

Liturgy of the Word with Communion:

Tues 9:30am

### ST JOHN THE APOSTLE PRIMARY SCHOOL

Principal: Matthew Garton

Pawsey Circuit Florey

Phone: 6258 3592

Email: [office.sjaps@cg.catholic.edu.au](mailto:office.sjaps@cg.catholic.edu.au)

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**CLAIM** -- put  
**the** this in your  
**Date** calendar



25 / 26 July during all Masses  
Commissioning of all  
Ministers

8 Aug St Mary of the Cross  
Mary McKillop  
Mass at 10:00am

**Booking is essential**

15 Aug Feast of the Assumption  
Mass at 10:00am

**Booking is essential**

*A trybooking Link will be sent out  
separately in the near future*

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# Heart Spirituality

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## HUMILITY

Jesus says, I put humility first among all the virtues, because it is the root of all the others, and because it was especially humility that I taught the world.

If you possess it, you will avoid spectacular actions; you will remain in the shade, unless obedience calls you forward.

Those who always want to attract attention, or who appear only when they are sure of success, are far from possessing this virtue. They seek fame and applause more than anything else. Full of themselves, they accept humble tasks, in which they cannot shine, only with repugnance: "Vanity of vanities".

Jules Chevalier msc  
(Ecole du Sacré-Coeur p.179f, Issoudun 1892)

**May the Sacred Heart of Jesus be everywhere loved.....forever!**

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## Stewardship

The theme of humility is central to our readings today. God Himself is a humble God, so if we wish to follow God as Christian stewards, we too, must be humble. Humility is key to the stewardship way of life, and to a peaceful and fulfilling life. Christ has given us a clear and compelling model of humility.

But this kind of humility goes against our natural, worldly bent which says we must insist on having our own way, assert our rights at all costs, and put ourselves first so as to get ahead.

Because of the gifts of our Baptism and Confirmation, we have a "super power" right within us — the Holy Spirit — Who gives us every spiritual gift and all the strength we need to follow Christ. We must awaken to the power of the Holy Spirit in our lives, leaning into Him to increase virtue in us, especially this key virtue of humility. Paul reminds us that this is for our own good after all — "For if you live according to the flesh, you will die, but if by the Spirit you put to death the deeds of the body, you will live."

[Stewardship Reflections from TheCatholicSteward.com](http://TheCatholicSteward.com)

## COVID-19 Protocols

- **Seating in the Church** - Physical Distancing of 2 meters square, only sit where the seats are marked.
- You must record your name and contact details when attending Mass. The attendance sheet is on the table in the foyer.
- We ask that you disinfect and wipe down your own seat, this will assist with the necessary cleaning of the Church (thank you).
- At the sign of peace, acknowledge but refrain from touching.
- The faithful should only receive Holy Communion in the hand, not on the tongue.
- Distribute the Sacred Host only and not the Precious Blood.
- Collection plates will not be passed around during Mass. There are baskets in the foyer for you to place your sacrificial giving. Alternatively, you may like to use one of the electronic methods listed below as your method of giving.
  - Tap & Go, in the foyer
  - Qkr, download the App
  - Direct Debit – contact the parish office
  - Credit Card - contact the parish office
  - EFT that you set up from your bank.

## COVID-19 Restrictions - Singing

There is to be no singing at Mass until further notice. This includes singing the Gospel Acclamation.

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## Protocols for entering Church

8:30am - 5:00pm for private prayer. Please practice physical distancing at all times.

We are required to keep a record of every person who enters the church building. Please enter your name on the attendance sheet in the foyer.

# Parish News.....

## SJACare



*Supporting parishioners in our community*  
If you, or if you know of anyone who is housebound and would like to receive Holy Communion or a pastoral visit please contact the parish office.

SJA Men's Group  
Meeting Monthly  
6:00pm – 8:00pm



For more information  
contact the parish office.

Next gathering: Friday 17 July  
St John the Apostle Parish Centre

**SACRIFICIAL GIVING ENVELOPES 2020-2021**  
Are now available for collection. They are on a table in the Church foyer.

Planned Giving Tax Receipts 2019 – 2020  
Will be emailed to you after 5 July 2020.



Thank you for all of the scarves, Beanies and Gloves that were donated to the Vinnies Night Patrol. Sabina Van Rooy.

**Pins & Needles Craft Group**  
Monday 20 July  
7:15pm Parish Library



<https://www.missiontoseafarers.org/sea-sunday>



**Recently Deceased:** June Gammack

**Anniversary:** Gilbert Hall, Patrick Salmon, Jean Irvine, Hortencia Cid, John Bell, Jack Synnott, Elizabeth Dennison, John O'Brien, Steven Argy, Rosalie Callaghan, Constance Crowe, Gertrude Czarnik, Conner Cooke, Anne Patterson, Sam Ford, Christopher Davis, Mary Ryan, Josephine Allester, Mollie Paterson, Marie Richards, Chris Penders, John McEnaney, Leon Nguyen, Bernard Armstrong, Laurence Swift, Linda Dawson, Victoria Norton, Bede Stinson, Lionel Carberry, Jan Kurzynski, Catherine Raadts, Josephine O'Kane, Joan Ferguson, Monique Pearce, Gayle McGoogan, Veronica Hannah, David Leonard, Paul Kurylowicz, Mona Castle, Stephen Carson

### Granny Flat for Rent

Fully furnished 1-bedroom granny flat in Macgregor for rent at \$275 per week  
Non Smoker required  
Contact Christine 0402 486 775

### Vinnies Winter Appeal



is being replaced by the COVID-19 Crisis Appeal. Donations can be made online at <https://donate.vinnies.org.au/donation-hub> or by calling 13 18 12. Donations may be made at the Parish Office as well. Contact Mike for more information – 0419818410

### Booking for Weekend Mass



A Try Booking link will be sent out each Monday. Use this link to book for weekend Masses. Bookings are essential.

**“Be on earth the Heart of God”**

## Becoming Catholic

**Rite of Christian Initiation of an Adult [RCIA]**  
please contact the parish office for more information.

## SACRAMENTAL LIFE

Baptisms	1st & 3rd Sun during 10:00am Mass
Reconciliation	Sat 5:00pm – 5:30pm
Sacramental Program	Contact Parish Office
School of Religion (Parish Centre)	Sunday 9.15am during school term

## PRAYER LIFE

Charismatic Prayer: Maida: 0423 658 326	Thursday 7:30pm Rosary 7:00pm
Meditation	Friday 6.15-7.15 pm
Rosary	Monday – Friday 9:05am
Eucharistic Adoration	1 <sup>st</sup> Friday of the Month 8:00pm – 9:00pm
Adult Choir	Wednesday 7:30pm

## SOCIAL LIFE

Coffee Club	Fourth Sunday after 10:00am Mass
Over 45's	Last Wednesday of the Month 9:30am Mass and morning tea
Pins & Needles	3 <sup>rd</sup> Monday of the Month 7:15pm Parish Library
Book club	3 <sup>rd</sup> Sunday of the Month 3:00pm Parish Library
Women's Breakfast	4 <sup>th</sup> Tuesday of the Month 7:30am Lucky Shot Espresso Bar Kippax
Youth Group	AGAPE - First & Third Sunday after 6:00pm Mass Parish Centre
Men's Group	3 <sup>rd</sup> Friday of the Month 6:00pm Parish Centre

### SMOKE FREE ZONE

There is a 4-metre smoke free zone from the entrance and exits of the church buildings. Thank you



**Hearing Loop:** in the central body of the church.



### TAP & GO –

The donation amount is set at \$10. As Tap & Go is anonymous we have no way of identifying who has made the donation so we are unable to provide a tax receipt



**Donations** to the 1<sup>st</sup> & 2<sup>nd</sup> Collections at St John the Apostle Parish can now be made using **Qkr**

## RESPONSE TO THE PSALM:

I will praise your name for ever,  
My king and my God.

## GOSPEL ACCLAMATION:

Alleluia, alleluia!  
Blessed are you, Father,  
Lord of heaven and earth;  
you have revealed to little ones  
the mysteries of the kingdom.  
Alleluia!

## Readings –12 July 2020

First Reading	Is 55:10-11
Psalm	Ps 64:10-14
Second Reading	Rom 8:18-23
Gospel	Matthew 13:1-23

## 12 July Reading Roster

5:00pm	Mary French, Therese Kercher
8:30am	Sigrid Kropp, Mariana Rollgejer
10:00am	Erin Trevaskis, Dennis Puniard
6:00pm	Brian Mahony, VACANT

## 12 July Ministers of Communion

5:00pm	Marian England, Margaret Conlon Robert Greig, Anthony & Chitra Jayawardena
8:30am	Brian Green, Margaret Stanford, Fay Stephenson, Shane Murtagh
10:00am	Anthony Noakes, Frank Colley, Margarete Gill
6:00pm	Marian Crowley, Margaret Curry, Andrew Webster, Andrew Luck

## Weekly Rosters

Altar Society:	6 July	Margaret Ferguson
Grounds	11 July	Allan Laycock, Mike Blyth, Rob Breen, Dennis Puniard
Church Cleaning:	6 July	John O'Heir, Pat Keenan, Debbie & Ted Milne

## On a Lighter note

