

## St John the Apostle Parish

*A Missionary of the Sacred Heart Parish*

### Thirteenth Sunday in Ordinary Time Year B

27 June 2021

#31.21

## Reflection

### Willpower is not enough you need Grace

In today's gospel story, the woman suffers a serious physical complaint – an unending flow of blood – that must have left her physically, emotionally and spiritually exhausted. For many of us there is some aspect of our lives that has an almost equally draining effect as the physical complaint of the woman. In effect, some aspect of our lives may be haemorrhaging – a constant outflow of energy and emotion that prevents us from being all that we might be. It may be an unhealthy relationship; an addiction; a lack of confidence; a grudge; a lack of emotional control.

We are wounded in ways that have us forever haemorrhaging out the life forces we need in order to give life. Parts of us have died and parts of us have been wounded and we are forever haemorrhaging in body, heart, and soul. It's hard for us to give life.

How do we, like the woman, touch the hem of the garment so as to be healed?

A young man who had been struggling for a long time to break an addictive habit in his life said: "It took me a long time, and countless failures, to realize that you can't change your life simply by willpower. You can only change it by grace and community." Willpower, while important, is not enough. Only by touching some higher power, and this is most easily done inside a community, can we actually change our lives.

Therapy too is helpful to a point, but only to a point. In the end, the power to give life can only be restored to us through grace and community, through letting a power beyond give us something that we cannot give to ourselves.

Then, and only then, will those parts of us that are dead or diseased begin again to give life.

Resources used: *Reflection*, by Greg Sunter & *Stopping the Haemorrhaging by Touching the Hem of the Garment*, By Ronald Rolheiser

## Parish Administration

### Parish Priest

Fr. Kimi Vunivesilevu msc

Email: [kimi@stjohnkippax.org.au](mailto:kimi@stjohnkippax.org.au)

### Assistant Priest

Fr. Michael Stephan msc

Email: [michael@stjohnkippax.org.au](mailto:michael@stjohnkippax.org.au)

Pastoral Associate/Parish Manager  
Marian England

Email: [marian@stjohnkippax.org.au](mailto:marian@stjohnkippax.org.au)

Parish Secretary Sharon Greaves

Email: [kippax@cg.org.au](mailto:kippax@cg.org.au)

### Youth Ministers

Grace Braybon - Liturgy

[Grace.Braybon@cg.org.au](mailto:Grace.Braybon@cg.org.au)

Diane Magnocavallo - Youth Group

[Diane.Magnocavallo@cg.org.au](mailto:Diane.Magnocavallo@cg.org.au)

### Parish Office:

25 Blackham Street HOLT ACT

Office Hours: Mon-Fri  
9.00am-3.00pm

Telephone: 6254 3236

Email: [kippax@cg.org.au](mailto:kippax@cg.org.au)

Web: [www.stjohnkippax.org.au](http://www.stjohnkippax.org.au)

### MASS TIMES

Vigil Saturday 5:00pm

Sunday 8:30am, 10:00am, 6:00pm

Mon, Wed, Thurs, Fri 9:30am

Liturgy of the Word with Communion:

Tues 9:30am

### ST JOHN THE APOSTLE PRIMARY SCHOOL

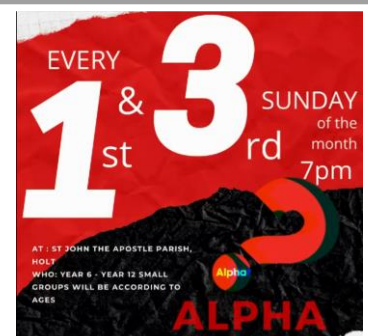
Principal: Matthew Garton

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## Next Meeting: 4 July

Youth Ministers

[Grace.Braybon@cg.org.au](mailto:Grace.Braybon@cg.org.au)

[Diane.Magnocavallo@cg.org.au](mailto:Diane.Magnocavallo@cg.org.au)

**First Holy Communion Presentation Masses:** *The children preparing for their First Holy Communion will be presented to the parish this weekend 26/27 June. They will give their prayer card to a parishioner who is asked to pray for them during this preparation time. Would you please hold all the children and their families in your prayers. Thank you.*

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**Over 45's** will meet on **Wednesday 30 June** for Mass at 9:30am, followed by morning tea in the parish centre. Please come and join us, you are all most welcome. Please bring a plate to share.

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### **KIT – DOWN MEMORY LANE**

As we journey towards the parish's 50<sup>th</sup> Anniversary – 26/02/2022, we are asking you to tell about your life at St John's through your stories, reflections or photo's – Celebrations, Baptism's, Weddings, Parish events, Antioch, St John's Got Talent, anything.... Whether you have been in the parish a long time or a short time all contributions will be gratefully received. Looking forward to hearing from you!  
Email: [kippax@cq.org.au](mailto:kippax@cq.org.au);

### **Taizé with Eucharistic Adoration First Friday Monthly**

**7:30pm – 8:30pm – 2 July**

Everybody is welcome and encouraged to come along to spend time with our Lord in prayer and thanksgiving to refresh our souls.

There will be periods of reflective music (Taizé) and silent adoration.



We encourage anyone interested in joining us to come along for a meeting.

**We are reading: *Before the Fall*  
by Noah Hawley**

**St Johns Library – 18 July - 3:00pm**

There are copies of the book available at the parish office.

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### **Women's Prayer Weekend**

***St Mary's Towers Douglas Park*  
The Hidden Wisdom of Women in  
the Gospels**

**Presenter:** Jenny Scally RJS  
**8 – 10 October 2021**

**Email:** [contact@towersretreat.org.au](mailto:contact@towersretreat.org.au)  
<http://www.towersretreat.org.au>

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**“Be on earth the Heart of God”**

THE CANBERRA GOULBURN ARCHDIOCESAN WOMEN'S TASKFORCE INVITES YOU TO THE INAUGURAL

## **ST MARY MAGDALENE DINNER**

16 JULY 2021, 6PM @ THE CANBERRA SOUTHERN CROSS CLUB. \$60 PP. REGISTER THROUGH TRYBOOKING

FEATURING: SCRIPTURE SCHOLAR SR MARGARET BEIRNE RSC. MUSICAL ENTERTAINMENT, THREE COURSE MEAL, FELLOWSHIP

If you would like to make up a table from the parish please ring the parish office.

**womenstaskforceacg.org**

# Heart Spirituality

## We Love with our Heart

People have always believed that if we think with our head, we love with our heart. Love is the life of the heart, says St. Thomas. If a heart wants to be alive, it is impossible for it to be without love. Well, our love is ourselves. Our soul is less in the body it animates, than with the object of its affections [Augustine]. And thus, one attributes to the heart, all that belongs to the soul for the heart is an expression of the soul. And so our heart is our self. God wants us because of our soul; and God wants the soul because of its love, because of its heart. It is by the heart that we are something. It is the heart that gives value, good or bad, to our thoughts, actions, intention. Good comes from the good treasure of our heart [Luke 6:45].

Jules Chevalier msc  
Le Sacré-Coeur de Jésus p. 105f Paris 1900.

May the Sacred Heart of Jesus be  
everywhere loved.....forever!

## Stewardship

Our readings today remind us that our God is a tender and loving God.

In our Gospel, Jesus heals an ill child. An anxious and loving father sought after Jesus so that his daughter might be cured of her illness. As Jesus was traveling to heal her, they got word that the daughter had died. In that deeply painful moment, a moment no parent wants to experience, Jesus turned and said, "Do not be afraid; just have faith."

Recall a moment when you felt like you hit rock bottom. Maybe you received devastating news, someone died, you lost your job, you were fighting addiction, or you were suffering mentally, spiritually or physically. Maybe you are living that moment or maybe that moment is yet to come. In that time, imagine Jesus looking at you and saying, "Do not be afraid; just have faith." Remember this verse. May it bring you peace and comfort.

[www.catholicsteward.com](http://www.catholicsteward.com)

Let us pray for those who are sick.  
We remember them in our Masses.

## Recently Deceased:

Mavis Crouch (cousin to Terry O'Brien)  
Fr. Brian Maher

**Anniversary:** Jason Murray, Arthur Yee, Kevin Maloney, Nathan Jones, Daniel O'Connor, Eileen Schmich, John Lazaro, Mildred Holland, William Edmunds, Rohan Murphy, Norah Keneally, Garrick Kelly, Rebecca Malone, Jan McDonough, Stanley Howell, Narelle Karling, Lynne Williman, Philip Connolly, Daniel Worner, Catherine Farrugia, Nigel Smith, Gilbert Hall, Patrick Salmon, Jean Irvine, Hortencia Cid, John Bell, Jack Synnott, John O'Brien, Elizabeth Dennison, Steven Argy, Rosalie Callaghan, Constance Crowe, Gertrude Czarnik, Conner Cooke, Anne Patterson, Sam Ford, Elsie Bingham

## Mass Offerings the week of Mon 28 June - Sun 4 July

Mon 28/06	Available [contact the office]
Wed 30/06	Wilga Ingram
Thur 01/07	Baby Williams
Fri 02/07	Available [contact the office]

Sat 03/07	
5:00pm	Tess Navarro

Sun 04/07	
8:30am	Intention of the parish
10:00am	Available [contact the office]
6:00pm	Hugh Sweeney

To ensure that a mass time is available please  
telephone the parish office to make a  
booking.

## DONATIONS CAN STILL BE MADE

17 June 2021  
Arboretum

Please support  
**Ted Kell**  
as he undertakes his  
9th Sleepout

**VINNIES**  
**CEO**  
**SLEEPOUT**

<https://www.ceosleepout.org.au/sponsor?k=w=t+d+k>



## SACRAMENTAL LIFE

Baptisms	1st & 3rd Sun during Mass
Reconciliation	Sat 4:00pm – 4:30pm
Sacramental Program	Contact Parish Office
School of Religion (Parish Centre)	Sunday 9.15am during school term

## PRAYER LIFE

Charismatic Prayer: Maida: 0423 658 326	Thursday 10:00am
Meditation	Friday 6.15-7.15 pm
Rosary	Monday – Friday 9:05am
Eucharistic Adoration	1 <sup>st</sup> Friday of the Month 7:30pm – 8:30pm
Adult Choir	Wednesday 7:30pm

## SOCIAL LIFE

Over 45's	Last Wednesday of the Month 9:30am Mass and morning tea
Pins & Needles	3 <sup>rd</sup> Monday of the Month 7:15pm Parish Library
Book club	3 <sup>rd</sup> Sunday of the Month 3:00pm Parish Library
Women's Breakfast	4 <sup>th</sup> Tuesday of the Month 7:30am Bean Origin Belconnen
Youth Group	AGAPE - First & Third Sunday after 6:00pm Mass Parish Centre
Men's Group	3 <sup>rd</sup> Friday of the Month 6:00pm Parish Centre

### SMOKE FREE ZONE

There is a 4-metre smoke free zone from the entrance and exits of the church buildings. Thank you



**Hearing Loop:** in the central body of the church.



### TAP & GO –

The donation amount is set at \$10. As Tap & Go is anonymous we have no way of identifying who has made the donation so we are unable to provide a tax receipt



**Donations** to the 1<sup>st</sup> & 2<sup>nd</sup> Collections at St John the Apostle Parish can now be made using **Qkr**



Check In CBR App is mandatory  
<https://www.covid19.act.gov.au/business-and-work/check-in-cbr/information-for-businesses#Using-the-app-at-your-business-or-venue>

## RESPONSE TO THE PSALM:

I will praise you, Lord,  
for you have rescued me.

## GOSPEL ACCLAMATION:

Alleluia, alleluia!  
Our Saviour Jesus Christ has done  
away with death  
And brought us life through his gospel.  
Alleluia!

## Readings – 4 July 2021

First Reading	Ez 2:2-5
Psalm	Ps 122
Second Reading	2 Cor 12:7-10
Gospel	Mark 6:1-6

## 4 July Lector Roster

5:00pm	Paul McGrath, Fay Padarin
8:30am	Elizabeth McDonald, John O'Heir
10:00am	Robin Williams, Frank Colley
6:00pm	YOUTH

## 4 July Ministers of Communion

5:00pm	Joy McInerney, Judy Netting
8:30am	Carmel Screen, Pat Cowburn
10:00am	Pat Sheppard, Arie De Bear
6:00pm	Marian Crowley, Andrew Luck

## 4 July Hospitality Roster

5:00pm	Kay Dwyer, Chitra Jayawardena
8:30am	Rob Breen, Carmel Screen
10:00am	Libby Kain, Margaret Gill
6:00pm	Christine Lancaster

## Weekly Rosters

Altar Society:	28 June	Margaret Stanford
Grounds	3 July	VACANT

Church Cleaning:	28 June	Joseph Le Van Hai, Sam Van Nguyen
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## On a Lighter note

**I need to have plenty of honey in the break room and also I'm not very productive during winter months.**

