

COMPACT



St John the Apostle Parish

A Missionary of the Sacred Heart Parish

Celebrating 50 Years

The Most Holy Body and Blood of Christ Year C

19 June 2022

#30.22

Reflection

Allowing the Eucharist to transform our wounds

I once journeyed with a man who was dealing with emotional wounds to his soul. His deep wounds seemed to have come from the normal bumps and bruises of everyday life: some belittling, some bullying, never being the favourite, dissatisfaction with his own body, unfairness within his family and siblings, career frustration, unfairness in his workplace, the sense of being chronically ignored, the sense of never being understood and appreciated, and the self-pity and lack of self-confidence that results from this.

But he was a sensitive man and the combination of all these seemingly little things left him, now in late mid-life, unable to be the gracious, happy Elder he wanted to be. Instead, by his own admission, he was chronically caught-up in a certain wounded self-absorption, namely, in a self-centred anxiety that brought with it the sense that life had not been fair to him.

This man had been through some professional therapy that had helped bring him to a deeper self-understanding, but still left him paralysed in terms of moving beyond his wounds. "What can I do with these wounds?" he asked.

My answer to him, as for all of us who are wounded, is: *Take those wounds to the Eucharist.* Every time you go to a Eucharist, stand by an altar, and receive communion, bring your helplessness and paralysis to God, ask God to touch your body, your heart, your memory, your bitterness, your lack of self-confidence, your self-absorption, your weaknesses, your impotence. Bring your aching body and heart to God. Express your helplessness in simple, humble words:

*Touch me. Take my wounds. Take my paranoia.
Make me whole. Give me forgiveness. Warm my
heart. Give me the strength that I cannot give
myself.*

Every time we go to Eucharist we are meant to let that transforming event touch us, touch our wounds, our weaknesses, our infidelities, our sin, and our emotional paralysis and bring us to a transformation in wholeness, energy, joy, and love.

Taken from: *Taking our Wounds to the Eucharist*, by Ronald Rolheiser

Parish Administration

Parish Priest

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Sacristan

Maryanne Ferguson

Parish Office:

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Office Hours: Mon-Fri
9.00am-3.00pm

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Web: www.stjohnkippax.org.au

MASS TIMES

Vigil Saturday 5:00pm

Sunday 8:30am, 10:00am, 6:00pm

Mon, Wed, Thurs, Fri 9:30am

Liturgy of the Word with Communion:

Tues 9:30am

ST JOHN THE APOSTLE PRIMARY SCHOOL

Principal: Matthew Garton

Pawsey Circuit Florey

Phone: 6258 3592

Email: office.sjaps@cg.catholic.edu.au

www.sjaps.act.edu.au



CHANGES TO WEEKDAY

9:30am MASS

Wednesday 22 June will be a

Liturgy of the Word with

Communion

SACRAMENT OF THE EUCHARIST

Formation session for parents

Monday

20 June, 7:00pm – 8:30pm.

Parish Centre

Pins & Needles Craft Group

20 June 2021

7:15pm Parish Library



NATIONAL NAIDOC WEEK 3 – 10 July 2022



St John's Friendship Group
next meeting on **Wednesday 29 June** for Mass at 9:30am, followed by morning tea in the parish centre.
Please come and join us, you are all most welcome. Please bring a plate to share.

Relax, Review, Reflect

Come and relax, (re)view a contemporary film and reflect and share how you would approach issues raised in the film considering your own life's experience.

★ **MOVIE NIGHT** ★
Admit One

*We will be watching
"The Lives of Others"
Friday 1 July at 7:00pm
in the parish library.*

"Be on earth the Heart of God"

Feast of the Sacred Heart

Friday 24 June 2022

Morning

Mass of the Sacred Heart – 10:00am
including Anointing of the Sick
at the end of mass

After mass we will celebrate with
High Tea

Evening

6:00pm for 6:30pm
Karaoke & Dance

Dinner Soup & Pull Pork Rolls
Please bring a plate for dessert

An evening of song and dance

There is a strong rumour that
Fr. Michael will be performing a
Bollywood Dance

Please register your interest in
performing song or dance & for
catering purposes please
RSVP Wednesday 22 June 2022
6254 3236 or kippax@cg.org.au

Vinnies Sleepout Thursday 23 June 2022

Ted Kell is embarking on his 10th and
final Vinnies Sleepout.

Ted has raised just under
\$30,000. His goal in his final
year is to raise \$10,000
Bringing his total to \$40,000. What a
way to go out!

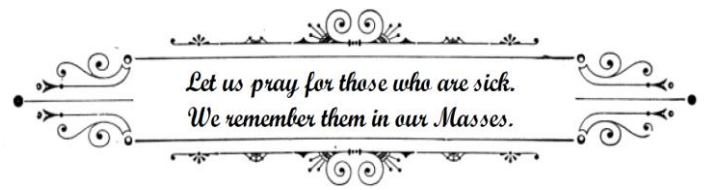
But he needs your help to achieve it.

Donations can be made at:

<https://www.ceosleepout.org.au/donation>



Heart Spirituality



The Eucharist, memorial of all the miracles of Jesus

The Eucharist is the centre of the Sacraments that communicate to us the power of our redemption. It is a mysterious abyss where resides the source of all graces; it prolongs and multiplies in this valley of tears the presence of God incarnate. It renews the sacrifice of Calvary; it extends the incarnation of the Word in each of the members of his mystical body. It is the glorification on earth of nature and of humanity. It perfects supremely the supernatural life by the most intimate union that can be conceived here below between God and his creature. It is the pledge of our resurrection and of our glorification in heaven. It is the glory of the Church, the profound symbol and active centre of its unity.

The Holy Eucharist is the masterpiece and the ultimate limit of the love of the Heart of Jesus for us. It comes from this Heart like a river from its source.

Jules Chevalier msc
Le Sacré-Coeur de Jésus p. 214f – Paris 1900

May the Sacred Heart of Jesus be
everywhere loved.....forever!

Stewardship

The *Catechism of the Catholic Church* teaches the Eucharist is the source and summit of our Christian faith. “For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ Himself” (CCC paragraph 1324). Eucharist, means “thanksgiving” or “gratitude. Surely the Eucharist is the greatest of all blessings because it is not only from God, it is God — the Body, Blood, Soul, and Divinity of our Lord, Jesus Christ.

Paul’s letter to the Corinthians reminds us of the depths of love our Lord has shown us in the gift of the Eucharist, recalling Christ’s words at the very first Eucharistic celebration. “The Lord Jesus... took bread, and, after he had given thanks, broke it and said, ‘This is my body that is for you.’” In that moment, and at every celebration of the Mass thereafter, Jesus gives us His very self in an act of complete humility and perfect love.

www.catholicsteward.com

Recently Deceased:

Anniversary: Helen Heindl, Francis Quinn, John McAppian, Christopher Robinson, Eileen Gehrig, Vivienne Thompson, Agneza Allars, Lucy Wilcott, Philip Donoghoe, Robert Cocks, Joan Loughry, Ursula Sweeney, Dulcie Henshaw, Adrian Uhr, Giovanni Scalora, Jason Murray, Arthur Yee, Kevin Maloney, Nathan Jones, Daniel O’Connor, Eileen Schmich, John Lazaro, Mildred Holland, William Edmunds, Rohan Murphy, Norah Keneally, Garrick Kelly, Rebecca Malone.

Mass Intentions the week of 20 -26 June

Mon 20/06	Ursula Sweeney
Wed 22/06	NO MASS
Thur 23/06	Sue Brentnall
Fri 24/06	Philomine de Rose

Sat 25/06	
5:00pm	Available [contact the office]

Sun 26/06	
8:30am	Parish Intentions
10:00am	Available [contact the office]
6:00pm	Barbara Sweeney

To ensure that a mass time is available please telephone the parish office to make a booking.

St Johns Meditation Group

Retreat at Douglas Park 29 – 31 July

You are most welcome to join us. For further information, please contact Jenny Maher 0402 112 973 by 30 June.

St John the Apostle – Postmark

Australia Post has approved and issued a special postmark depicting the Eagle of Saint John to commemorate the 50th Anniversary of St John the Apostle Parish. The postmark, available at the Post Office at the Kippax Fair Shopping Centre, will be in use from 13th June until the end of the year. The special postmark is available on request. Take your mail into the Kippax Post Office, buy a stamp/s, and ask a postal worker to press the postmark onto your letter or parcel.

JUNE 2022

20 Monday – Sacrament of The Eucharist – formation for parents session – 7:00pm

20 Monday – Pins and Needles –7:00pm

24 Friday – Feast of the Sacred Heart

24 Friday – Anointing of the sick after Mass

25/26 Weekend – Presentation Masses for the children preparing for the Sacrament of The Eucharist

28 Tuesday – Women's Breakfast

29 Wednesday – St Johns Friendship Group

SACRAMENTAL LIFE

Baptisms	1st & 3rd Sun during Mass
Reconciliation	Sat 4:00pm – 4:30pm
Sacramental Program	Contact Parish Office
School of Religion (Parish Centre)	Sunday 9.15am during school term

PRAYER LIFE

Charismatic Prayer: Maida: 0423 658 326	Thursday 10:00am
Meditation	Friday 5:15-6.30 pm
Rosary	Monday – Friday 9:05am
Eucharistic Adoration	1 st Thursday of the Month 7:30pm – 8:30pm
Adult Choir	Wednesday 7:30pm

SOCIAL LIFE

St Johns Friendship Group	Last Wednesday of the Month 9:30am Mass and morning tea
Pins & Needles	3 rd Monday of the Month 7:15pm Parish Library
Book club	3 rd Sunday of the Month 3:00pm Parish Library
Women's Breakfast	4 th Tuesday of the Month 7:30am Bean Origin Belconnen
Men's Group	3 rd Friday of the Month 6:00pm Parish Centre

CALVARY HOSPITAL AUXILIARY

TRIVIA NIGHT

Friday 21st July 2022 , 6.30 for 7 pm start, at the Canberra Labor Club Belconnen.

Tickets are \$20 per head, payable at the door, cash or EFTPOS; to pre-book a table of 10 contact Daphne on 0407835846.

Theme for dress/ costume is any cartoon character/ Disney/Frozen etc. There will be a front door raffle, best costume prize, best dressed table prize, lucky door prizes and more. All proceeds go towards the purchase of equipment for the care and comfort of Calvary Public Hospital patients and staff. So bring your friends for a night of friendship, fun and a good laugh!

RESPONSE TO THE PSALM:

You are a priest for ever, in the line of Melchizedek

GOSPEL ACCLAMATION:

Alleluia, Alleluia

I am the living bread from heaven,
says the Lord;

Whoever eats this bread will live for ever.
Alleluia

Readings – 26 June 2022

First Reading	1 Kgs 19:16, 19-21
Psalm	Ps 15:1-2, 5, 7-11
Second Reading	Gal 5:1, 13-18
Gospel	Luke 9:51-62

26 June Lector Roster

5:00pm	Elaine Laycock, Gordon Donnir
8:30am	Wendy Wade, Shane Murtagh
10:00am	Ann Reynolds
6:00pm	Andrew Luck, Marian Crowley

26 June Ministers of Communion

5:00pm	John Drury, Laurine Smeaton
8:30am	Margaret Stanford, Darren Maharaj
10:00am	Bonnie Benedictos, Rosa Benedictors
6:00pm	Priscilla Momi, Marie McKie

26 June Hospitality Roster

5:00pm	Joan Galpin
8:30am	Beatrice Williams
10:00am	VACANT
6:00pm	VACANT

Weekly Rosters

Altar Society:	19 June	Mary Cruickshank
Grounds	25 June	David Pigram, Matthew Garton, Mike Lavis
Church Cleaning:	19 June	Carol Blyth, Beatrice Williams, Dushyanthi & Nishan Upasena

On a Lighter note

