

# KIT @ KIPPAX

Staying Connected while Physically Distant

Thursday 30 April 2020

## How lockdown is affecting our spiritual lives

Eric and I gave up trying to pray together many years ago - except for Grace before our meal - and that gets all sorts of trimmings added anyhow! Our ways of approaching our God personally are so completely different that it was not at all prayerful for either of us! Just frustrating!

Our prayer time was our being at Mass together - not every day but frequently. Now that that wonderful privilege is no longer available we are coming together in a different way through the written Word.

We set aside a short time each day when I read aloud one of the readings from today's Mass. I use as my guide *The Word Among Us* which I have subscribed to for many years. I also read the daily meditation connected to that chosen reading.

Eric then reads a meditation from *Jesus Calling, by Sarah Young* which Ted Kildea gave him (thanks Ted) when he was in care a couple of years ago. This book has really touched his heart strings and has become important part of his day.

So instead of Mass we have a shared prayer time - after all these years! It is said one is never too old to change one's ways!

Mary French

**"To live is to grow, to grow is to change: not to change is to die"**

**Cardinal Newman**

Submitted by, Pamela Blackwell

Today's Gospel John 6: 44-51



## Food donations.....

A parishioner through their work, has received donations of flour, lentils and rice from an Indian association. Some of this food has been given to students who live on campus at Bruce. However, there are still some left. If there is anyone in need or if you know anyone who is in need and would like to receive some of these food items, please contact the parish office. Thank you.

## Heart to Heart

On Tuesday I watched Archbishop Christopher's talk called Heart to Heart. It is a five week course Tuesday and Thursday for half an hour each afternoon. It is helping me to review my journey with the Lord- the highs and the lows. This isolation can be a bit tiring at times but it has given me more time to renew my search for deepening my spiritual life. The daily Masses and the Sunday Masses are a gift with Kimi's poems and Michaels jokes and my church. The Archbishop reminded us of the hymn 'Come as you are that's how I love you' which I find comforting and helps me to know God loves me warts and all as the saying goes.

Love and prayers to all our community.

Ann Reynolds