

KIT @ KIPPAX

Staying Connected while Physically Distant

Tuesday 5 May 2020

BE HAPPY WHERE YOU ARE

Sadly, many of us continually postpone our happiness - indefinitely. It's not that we consciously set out to do so, but that we keep convincing ourselves, "Someday I'll be happy".

We tell ourselves we'll be happy when the bills are paid, when we get out of school, get our first job, a promotion. We convince ourselves that life will be better after we get married, have a baby, then another. Then we are frustrated that the kids aren't old enough and we'll be more content when they are.

After that, we are frustrated that we have teenagers to deal with. We will certainly be happy when they are out of that stage. We tell ourselves our life will be complete when our spouse gets his or her act together, when we get a nicer car, are able to go on a nice vacation, when we retire. The truth is, there is no better time to be happy than right now. If not now, when? Life is always filled with challenges. It's best to admit this and decide to be happy anyway.

One of my favourite quotes from Alfred D'Souza - "For a long time it had seemed to me that life was about to begin - real life. But there was always some obstacle in the way, something to go through first, some unfinished business, time still to be served, a debt to be paid. Then life would begin. At last it dawned on me that these obstacles were my life."

This perspective helps to see that there is no way to happiness. Happiness is the way. Treasure every moment you have. And treasure it more because you share it with someone special.

Yesterday is history. Tomorrow is a mystery. Today is a gift. That's why it's called the present! Happiness is a journey - not a destination!
Author Unknown

Submitted by Graham Erickson

Today's Gospel John 10: 22-30



Great God who calls us to belonging, you delight in curiosity, invention, ingenuity.

Praise be for minds that bend and flex despite restriction, for bodies that signal love by staying apart.

Praise be for neighbours talking across fences, calling from balconies, waving through windows; for greetings that cross the space between us.

Praise be for strangers, careful on footpaths, for children asking their questions, for truth tellers who earn our trust and speak to our fear.

Praise be for friends who warn and chide and encourage, for human warmth in time of distance.

Praise be.

Prayers in a time of Virus, by Julie Perrin

<https://tellingwords.com.au/collects-in-the-time-of-virus/>

Page link sent in by Terry Fewtrell

"Hope frees us to live in the present, with the deep trust that God will never leave us."

Henri Nouwen

Dear Mary, please intercede to the Heart of your Son on behalf of those who have lost hope. Amen