

KIT @ KIPPAX

Staying Connected while Physically Distant

Friday 29 May 2020

THE FRUITS OF THE SPIRIT

The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness & self-control.

Galatians 5:22-23

Surprising one, coming in ways I least expect, open me to your dynamic presence.

Awaken me, surprising One!

Perceptive Guide, always available to direct my ways, advise me in self-discipline and decision-making.

Awaken me, Perceptive Guide!

Freedom Bringer, asking for my willingness to surrender, help me to let go, to let in, to let be.

Awaken me, Freedom Bringer!

Source of Power, providing stamina and strength for my soul, support me when I am weak and vulnerable.

Awaken me, Source of Power!

Arousing one, stirring up what is dead or stale, urge my stagnant, sleeping gifts into life.

Awaken me, Arousing One!

Divine Transformer, encouraging continued growth, grant me both patience and acceptance.

Awaken me, Divine Transformer!

Peacemaker, offering forgiveness and understanding, encourage me to communicate with love.

Awaken me, Peacemaker!

Bearer of Love, never-ending font of charity and compassion, may I share my goodness generously.

Awaken me, Bearer of Love!

Submitted by Judy Kenny

Today's Gospel John 21:15-19



**PENTECOST SUNDAY
31 MAY 2020**

Prayer for Pentecost

Pray that the Holy Spirit may teach you how to place yourself in another's shoes, to understand their hearts so that you may respond to them with kindness and compassion.

Dan Schutte SJ

Reflection:

It is finding the courage to utter the first word of truth in public that takes all the strength we can muster. It is learning to say, quietly, unequivocally, "I think differently about that" and then explain why. It is stepping up to the issue and claiming the right to think differently about it that turns heads and opens hearts. It is not an attack on anyone; it is simply a declaration that there is something missing in the God-life we claim to live. It is the call to consciousness and conscience.

Joan Chittister - *The Time is Now*, Ch. 5

Submitted by Christine Lancaster