

# KIT @ KIPPAX

Staying Connected while Physically Distant

Monday 1 June 2020

Today's Gospel John 19: 25-34

## LIFE AFTER PANDEMIC

I hope that we will appreciate how technology has allowed us to remain connected to loved ones, but that we also realise that it is no replacement for a personal connection. And I hope to see more people in restaurants without phones in front of them.

I hope we all have a greater appreciation for teachers and the time and effort and energy, care and love, that goes into helping not just one or two children, but a whole classroom full of them. I hope to see parents and society less critical and more supportive.

I hope that we can see workers in food and retail and cleaning and maintenance as vital and worthy of a living wage. I hope we don't forget the risks doctors and nurses have taken to keep us well, and that more people stop to say thank you to them.

I hope we recognise the critical role nature plays in our well-being, and that we stop destroying it. I hope children will choose to spend more time outdoors over indoors playing video games, and more people taking time for walks outdoors.

I hope we remember the fear we felt about not being able to access basic services or purchase basic items, and the desire to flee, and not persecute refugees for making choices we would have also made.

I hope this pace of life allows us to slow down, find quiet and balance when we come out the other side. May we all take from this time the importance of long conversations, meditation, time in the kitchen, the sounds of birds outside, music and writing.



I hope we carry with us the acts of kindness we have heard of and witnessed during this time. May we remember the resilience of the human spirit and try to emulate those who have been a light in dark times. I hope we remember that our actions really do matter.

*A blog from an American teacher in Ecuador, Meg Nyberg, about her hopes for life after the pandemic passes.*

Submitted by Angela Boreham

**Thank you** for all the time and energy that must go into organising and preparing KIT. Two contributions last week that have had a great impact on me is Colleen Reed's beautiful embroidery work on Wednesday and the story behind it and Judy Netting's Seven Wonders of the World on Thursday. I see that there are benefits and limitations in every situation and KIT has been so sustaining and connecting in this time of reduced connection.

Christine Lancaster

**Don't take anything for granted. All of us must recommit ourselves to the goals of our lives every single day, or the fire of life may well go out in us.**

In a High Spiritual Season – Joan Chittister