

# KIT @ KIPPAX

Staying Connected while Physically Distant

Tuesday 16 June 2020

Today's Gospel Matt. 5:43-48

## Winter Time

**T**he season when we learn how to honour the darkness of life's mysteries without losing faith...

**T**he season for learning how to live in darkness and to keep hope that the light and the sun will return...

**T**he season to recognize the seeds of growth and nurture, them in our own inner warmth until the light returns...

**T**he season for being fallow and letting roots go deeper...

**T**he season to learn how to dignify the elder who always lives within...

**T**o face that we are always growing older and to do so with serenity and faith and power...

**T**he season to learn that even in our darkest moments, health, serenity, and healing energy are available to us when we focus on them with positive intent.

Sr Mary Tinney RSM - In the Winter Madonna  
Submitted by Joy McInerney

**MY 5-YEAR-OLD GRANDDAUGHTER, WHOSE SURNAME IS ALSO ALMOND WANTS TO KNOW WHY WE ALWAYS SAY HER NAME AFTER WE MAKE THE SIGN OF THE CROSS.**

Janet Almond

Be merciful, O Lord, for we have sinned.  
Be merciful, O Lord, for we have sinned.  
Psalm 50:3



## The Human Condition

Jesus has been speaking of himself as the true bread *from heaven* and has been inviting the people to believe in him. Jesus tells them that the bread that he is giving is his *flesh*. By this he means his weakness, his vulnerability, his acceptance of the human condition with its pains and disappointments, but also with its utter dependence on the Spirit of God if it is to experience life. It is the 'flesh' that connects us. It is the 'flesh' that draws us together in our common dependence upon God. We give our 'flesh' to someone when we give ourselves in all that it means to be part of the human condition. It means to give our time, our activity, our energy, our work. It means to give our real self in all its weakness. It means to keep loving them even when it causes us pain.

Taken from Michael Fallon Commentary  
Submitted by Brian Mahony

*God for us, we call you Father  
God alongside us, we call you Jesus  
God within us, we call you Holy Spirit.  
You are the eternal mystery that  
enables, enfolds & enlivens all things.  
Even us & even me.*

The Divine Dance, Richard Rohr  
Submitted by Brian Mahony

**WHAT CAN WINTER DO  
IF SPRING IS IN MY HEART**

Submitted by Pauline Greig