



To be on earth the Heart of God

KIT @ Kippax



Time out for reflection

Spring the season of Hope

True hope is never passive;
it is always ready for springtime

Spring and hope are intertwined in the mind, body, and soul. In spring, it appears that nature conspires with biology and psychology to reawaken hope.

Spring is a time to cleanse and renew. As soon as spring blooms, you see people running to cleanse their bodies and clean their homes. But as we clean our inner spaces and get out more, it is important that we don't forget to clear the cluttered places of our minds, weed out some emotions, and be willing to do something different that will benefit our souls.

Take some time to slowdown and make some space and time within your life for yourself and for others. Listen. Journal. Pray. Meditate. Some of the greatest moments of self-awareness can come through listening to the voice of God.

Listen to your body and its needs and answer and respond in a way that truly says, "I hear you and I'm going to start today by incorporating these things in my life." Listen without evaluation, judgment, or rumination. Just listen and become your own best friend of yourself.

Spring is a time of growth and growth requires space. In order to create space, you either have to rid yourself of some things (cleanse) or increase your capacity (grow). This is a time of personal growth and development. Take some time to feed your soul with things that you enjoy, things that perhaps challenge you, but, most importantly, things that will require for you to grow and advance.

Taken from:
Spring clean your soul,
by Bianca Patterson

Be on Earth the Heart of God

Editor's Note



Douglas
Park



I love the change of seasons and in particular the transition from winter to spring. Spring promises new life for all of God's creation. The church celebrates the Season of Creation during the month of September, from the **Day of Prayer for Creation** on September 1, and ends on October 4, the Feast of St. Francis of Assisi, the patron saint of ecology.

We have embarked on the spirit of spring by doing a little spring cleaning around the church and office. Clearing away accumulated items has the ability to cleanse a space and make it feel fresh and new.

Jenny McGee, Helen Kennedy and myself attended the Lay Chevalier Family weekend at Douglas Park which explored the connection between Pope Francis' encyclical **Laudato Si'** and the First Nations **Uluru Statement from the Heart**. This was a spirit filled weekend and it certainly nourished my soul. You can read a report on pages 4 & 5.

We have three major events happening in October.

Heart to Heart Retreat

FRIDAY 7 – SUNDAY 9 OCTOBER

CHEVALIER DAY

FRIDAY 21 OCTOBER 2022

ANOINTING OF THE SICK WITHIN MASS

28 OCTOBER 2022 @ 11:00AM

We welcome the MSC Retreat team – Fr. Dominic Gleeson msc, Rev. Deacon Michael Hangan msc assoc., and Narita Perrotta, who will be presenting the Heart to Heart retreat. If you have not registered for the retreat and would like to, please contact the parish office before Wednesday 5 October.

The 21 October, Chevalier Day honours the death anniversary of Fr. Jules Chevalier msc the founder of the Missionaries of the Sacred Heart of Jesus. It promises to be a fun day, celebrating everything French, everyone is invited to join in one or both celebrations. The day's activities are advertised on page 15.

On 28 October we will have our third celebration of Anointing of the Sick within mass for this year. This mass will commence at 11:00am and will be followed by lunch in the church foyer.

Daylight savings time commences on Sunday 2 October when clocks go forward one hour and the Saturday Vigil mass reverts back to 6:00pm.

I pray that the season of Spring will be full of the abundance of new life for you and for our parish

With every blessing,

Marian



Spirituality of the Heart

The Uluru Statement from the Heart and Laudato Si'

Time to See, Time to Choose, Time to Act

On the weekend Friday 16 to Sunday 18 September, Helen Kennedy, Jenny McGee, and Marian England attended the annual weekend of the **Australian Laity of the Chevalier Family**, at the MSC retreat centre Douglas Park, NSW.

The weekend commenced on Friday evening with dinner and an opening prayer which drew on the **Uluru Statement from the Heart**, and **Laudato Si'**. This prayer set the scene for the weekend.

On Saturday we were welcomed to Dharawal Country by Wendy Lotter who provided us with a cleansing smoking ceremony [photos on page 5]. Wendy burned herbs and native plants to create the cleansing smoke. Walking through the smoke, you wave it over you and cleanse the past for a better future.

Fr. Claude Mostowik msc presented, an, inspiring paper on the Challenge of the Gospels, through the lens of Laudato Si and the Uluru Statement from the Heart – **Creation as God's Love Story**.

Senator Pat Dodson, who couldn't attend because he was suddenly called to attend the United Nations meeting in New York, sent a message via video. His message made the connection between Heart Spirituality and the Uluru Statement from the Heart.

We watched Yingiya Guyula address at the **2022 Garma Festival** which was very inspiring. Yingiya is MLA for the seat of Mulka in NT. Links to these talks are below.

The film ***The Hungry Tide*** brought to us the devastating impacts that climate change is having on Kiribati. Which highlights the need to act now on behalf of the Pacific Island peoples who are in danger of losing their countries to the oceans. Elizabeth Young rsm gave a wonderful presentation on Laudato Si'.

We completed the weekend with a **Walk on Country**, an attempt to experience something of the way indigenous people are vitally connected to their country.

- Key Note address at 2022 Garma Festival
Yingiya (Mark) Guyula
<https://www.youtube.com/watch?v=dpuBOzXu6cM>
- Senator Pat Dodson
<https://www.youtube.com/watch?v=w3vKHSA005g>



welcomed to Dharawal Country by Wendy Lotter
cleansing smoking ceremony



A current part of a story



I can sit here tapping away through the graciousness of the fruit of the earth and work of human hands.

Eight years ago, the product of the earth plus the work of human hands provided me with a new major heart valve crafted from animal tissue plus the adjustment of a few bypasses.

Two years previous to that, flowing down a tube from a plastic bag, on a shelf, the product from a factory that developed 'chemo' from the fruit of the earth plus the work of human hands... a six months period of a weekly process after an extensive cancer invasion.

For a lengthy period of twenty years the tablets, out of a packet from a shelf from the factory which developed them from the fruits of the earth plus the work of human hands, kept us fairly free of the malaria.

Then came the introduction of dengue fever. We found from the fruits of the earth two basic fruits, namely, grain and sugar cane. Yes, once again 'the fruits of the earth and the work of human hands'. Both did a healing job, so much so that we kept it up as a preventative as well as a healer. It was the best medicine ever, self-prescribed...I'm talking of 'beer and rum'! Then for all of us the same pattern protecting us from the onslaught of COVID!

As the years accumulate on the cake with the candles, [if they can fit on] and as the remaining ones dwindle, reflection time becomes more insightful and positive. The phrase 'the fruit of the earth, the work of human hands', heard daily from our altars as the PRESENCE of the CHRIST which is a cosmic presence with our 'Mother Earth', yes, our 'WOMB of Life'. Indigenous Nations throughout the world are witness to us of this fact.

Francis, pope, has brought science, the secular and the sacred together in this 'LAUDATO SI', neither the first word nor the last, on the crisis confronting our common home ... 'Ecology' from the Greek word 'oikos' meaning 'house' or 'lace to live in'. Then in #236 of the ENCYCLICAL LETTER the relationship is expounded on the Eucharist as the Cosmic

Eucharist. The relationship, the inter-connection, the dependence, yes, on our source of life which has been gifted us so that we become aware of our being carers, stewards, caretakers, of the source of support for all life. We hear from the altar, "Do this in memory of me", personally I take this as being, "BE this in memory of me" as a reminder to live this truth outside our catholic bricks.

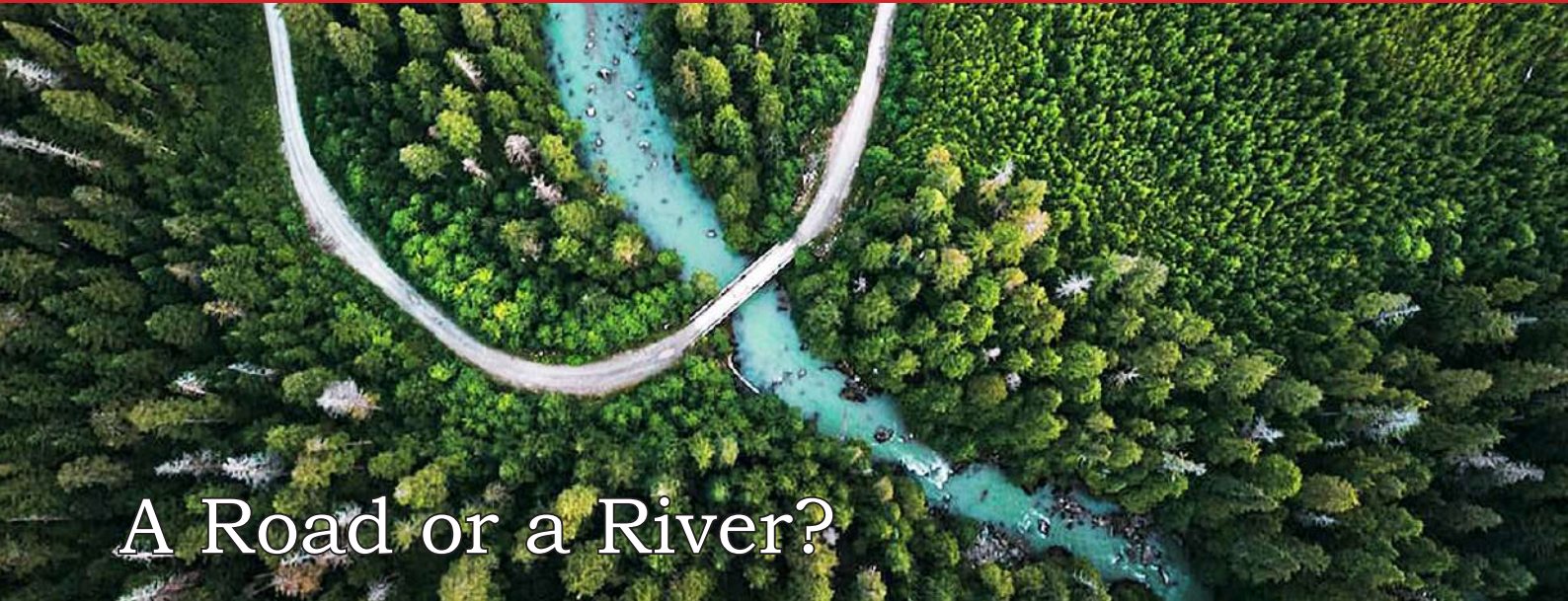
These days I'm saluting the trees and thanking them for the gift of O₂; saddened, that there is too gross an amount of CO₂ for them to deal with; lift my lid to the erect sentries which line our street with their green, yellow and red helmets helping us to be carers as the garbage truck does its duty, sometimes with the slogan, 'I wish I were a recycling truck', etched on its sides so as to assist in supporting our fragile layer of a fertile top soil as it battles with the side effects of pesticides and fungicides, such as DDT, as an example, and which is used more sparingly nowadays. Then, there's the exploitation of its fruitfulness by greed which lessens the respect due to its giftedness which embraces all of our connective nature(s).

We are becoming more and more AWARE (Francis stresses this AWARENESS). Then:

It's the circle of life
And it moves us all,
Through despair and hope,
Through faith and love,
Till we find our place
On the path unwinding
In the circle
THE CIRCLE OF LIFE

– THE LION KING

The lyrical, musical, dramatic artists all combine to herald the urgent call for the survival for our grandchildren's grandchildren. All beings, that is, which are dependent on our efforts of stewardship NOW.



A Road or a River?

We know that life is a journey.

Which route did you choose?

Did you even have a choice, or were you constrained,
by your circumstances, family ties, love and loyalties,
financial concerns or abilities?

Perhaps you were more like Kipling's "Elephant's Child" with
its 'insatiable curiosity' and questioning which led to travel,
trouble and dramatic change.

How far from our birth-places have we really come?

Physically, mentally or spiritually?

On a road step by step with long, dreary stretches,
Through sun-filled days and star-filled nights,
we hoped would never end,
or the dull days of tedium,
up rugged mountains that drained our strength until
we reached the top and saw the views that filled our souls with wonder.
Sometimes moving faster, hearts racing,
sometimes with almost unbearable slowness,
accompanied by a companion or alone.

Has our road been more like being swept along by a river?

Tumbled willy-nilly, at times peacefully meandering or rushed headlong,
through narrow gorges, past dangerous rocks and over waterfalls to
the placid water beneath.

A chance to take a breath before another reach of bumpy rapids.

As last, a lake, temporary peace, then on again towards the sea.

Whichever road or river we are on, with others or alone,
our journey is a quest.

A quest for meaning, for purpose and
our eventual, individual, heart home.

KATHY TEYS

Ambry

Have you noticed the recess cabinet in our church which is situated on the left side of the Sanctuary close to the Baptismal Font? It is called an Ambry and is used for storing oils used in sacraments.

The use and purpose of the Ambry has evolved over the centuries. Before the Reformation items kept in an ambry included chalices and other vessels, as well as items for the reserved sacrament, the consecrated elements from the Eucharist. After the Reformation, Protestant churches abandoned reservation of the elements, so that ambries, unless used for housing vessels, became redundant. However, since the eighteenth and nineteenth centuries, in the Scottish Episcopal and in other Anglican churches the practice has again become common. Today in the Roman Catholic Church, the consecrated hosts may only be reserved in a tabernacle or hanging pyx; reservation in an ambry is now forbidden.

SC sanctum chrisma (holy chrism)

Chrism serves to remind us of the anointing of kings and priests in the Old Testament, and signifies being set aside for holy service. It is the oil used at Baptism, Confirmation and is also used in ordination. It is also used to consecrate altars, the walls of a church at its dedication, sacred vessels like chalices and even church bells. Chrism oil is blessed by the Bishop at the Chrism Mass during Holy Week.

OC oleum catechumenorum (the oil of the catechumens)

Used at Easter and at various stages in the catechuminate (such as during the course of the program for the Rite of Christian Initiation for Adults, RCIA).

OI oleum infirmorum (the oil of the sick)

The oil of the sick is used for the sacrament of anointing and is most often applied to the head and hands of the person needing the prayers of the church for healing. This is an ancient act in the church; the Letter of James (5:14-16) speaks of church elders anointing the sick with oil and praying over them.

At St John the Apostle our Holy Oil bottles are coloured:

Gold CHRISM OIL

Blue THE OIL OF THE CATECHUMEN

Purple THE OIL OF THE SICK

The Catechism of the Catholic Church reminds us of the purpose of anointing with the sacred oils: “the pre-baptismal anointing with the oil of catechumens signifies cleansing and strengthening; the anointing of the sick expresses healing and comfort. The post-baptismal anointing with sacred chrism in confirmation and ordination is the sign of consecration” (n. 1294).



The Bible Garden

Pilgrims Walk, 15 Blackall St BARTON, ACT

The Bible Garden is part of the Pilgrim's Walk located within the precincts of the Australian Centre for Christianity and Culture on the shores of Lake Burley Griffin.

The Garden, officially opened in 2008, was established with a benevolent grant from The Bible Garden Trust, a perpetual trust established by the late Mr Gerald Hercules Robinson. The purpose of the trust was to create and maintain gardens that featured the botany that is described in the Bible, and through this activity to educate Christians in the Scriptures. There are around 150 different plants mentioned in the Bible and about half are represented in Canberra garden. Small plaques identify each plant and describe the context in which the plant is mentioned in the Bible.

The shape of the garden resembles the menorah, which is said to represent the burning bush where Moses saw the angel who told him to lead the Israelites to the land of milk and honey.



Aglow

Spring is the season
of resurrection;
all that once lay dead
'neath the winter ice and snow
has risen like Jesus
and in the sunshine
of the Spirit is aglow!

Daisies, cherry blossoms
and daffodils
are harbingers of hope;
and wattle and roses
add to spring's palette
of bright colours,
their sweet and subtle scents
so pleasing to our noses!

Heaven has come to earth;
and with all of nature
we thank and praise our Father
who, through His Son, has given
us our own rebirth.

SHANE MURTAGH



A picture is worth a thousand words...



I love 'finding out more' and so despite my aversion to all things 'sharp and pointy', I thought that the humble sewing tin featured in last month's KIT, warranted further investigation. The stamp, *Griffiths Sweets*, on the underside of the tin was the starting point. Founded on 1st June 1932 and located at 4 Waterloo Place, Richmond, Victoria, Griffith Sweets remained in production until the company was taken over by A.W. Allen in 1965. One of Griffith's iconic creations is still a favourite, *Kool Mints*!

Prior to 1947 *Griffith Sweets* produced the Cruising Toffees range, a series of tins bearing lithographs of ships. The ship depicted on the sewing tin is the *RMS Strathaird*, later *TSS Strathaird*, an ocean liner of the Peninsular and Oriental Steam Navigation Company (P&O). The ship, launched on 18 July 1931, was the second of five sister ships known as the "Strath" class. Previous P&O steamships had black-painted hulls and funnels, but *Strathaird* and her sisters were painted with white hulls and buff funnels, which earned them the nickname *The White Sisters*. *Strathaird* and her sister ship *RMS Strathnaver* were Royal Mail Ships that worked P&O's



regular liner route between Tilbury in Essex, England, and Brisbane in Queensland. On December 23, 1932, *Strathaird* became the first P&O liner to undertake a cruise from an Australian port – a five-day cruise from Sydney to Norfolk Island.

From 1939-1946 *Strathaird* was requisitioned as a troop ship. She made two convoy voyages taking troops from Australasia to the Middle East and evacuated 6,000 civilians and troops from the port of Brest during 1940 campaign known as *Operation Aerial*.

Following WWII, the ship was converted into a one-class liner and from 1954-1961 sailed full out of the UK to Australia and New Zealand with migrants and tourists. During her final journey from Sydney to Tilbury, the *Strathaird* passed P&O's newest superliner, the *SS Canberra* on its first journey to Australia and New Zealand.

The *Strathaird*, like many ships before and after, was broken up. Much of her steel was used in the construction of some of Hong Kong's skyscrapers and the now demolished passenger terminal of Kai Tak International Airport.

It's amazing...a picture is worth a thousand words...or should that be 381 words!

Treasures from the Archives

Angels



1 Chasuble (MDHC), 2 gold brocade fabric (Canberra Goulburn Diocesan Archives), 3 detail from Monstrance cloth (Ursuline Convent Archives, Sydney), 4 candlesticks (St Joseph's Convent Archives, Lochinvar)

September 29 is the Feast of the archangels Gabriel, Michael, and Raphael. Archangels are the eighth of the nine levels in the Hierarchy of Angels in Christian theology. Building on the works of the 6th century theologian, Dionysius the Areopagite, and drawing on passages from the Old and New Testaments the 13th century Doctor of the Church, St Thomas Aquinas, developed a system of three Spheres of angels, each sphere containing three levels known as Orders or Choirs.

The first sphere of angels guards the throne of God and is made up of the three highest orders – *Seraphim*, *Cherubim* and *Thrones*. The *Seraphim*, who surround the throne of God continually chanting “Holy, holy, holy”, are traditionally depicted with 6 wings. The *Cherubim* are often depicted with 4 wings and 4 faces (a lion, ox, man, and eagle). Some authorities claim that the *Cherubim* protect the gates of the Garden of Eden. Western Christian art associates the *Cherubim* with the chubby child-like ‘putti’ or ‘cherubs’ of mediaeval times. The *Thrones* have been called the chariots of God who mete out divine justice. In art, *Thrones* are depicted as wheels with eyes – the throne of God rests and moves on wheels.

The second or middle sphere of angels are seen as the governors of creation. The three choirs of the second sphere are the *Dominions* who regulate the duties of the lower orders, the *Virtues* who control the elements and nature, and the *Powers* who restrain evil forces from doing harm.

The three choirs of the third or lowest sphere are the *Principalities*, *Principalities* and *Angels*. The *Principalities* guide and protect nations, groups of people and institutions. The *Principalities* are guardians of nations and are concerned with the issues and events surrounding politics, military matters, commerce, and trade. The three named angels, Michael, Gabriel, and Raphael are archangels. The lowest order are the *Angels* who are concerned with the affairs of people. The *Angels* are messengers and personal guardians.

Depictions of angels are most commonly found on paintings, objects and the architectural features of churches. There are, however, a few examples in the textile collections in Australia’s religious archives as depicted in these images. The striking black chasuble, depicts an image of the Archangel Gabriel blowing his trumpet at the Last Judgement. The gold brocade fabric is woven with a design of winged angels. The Archives of the Ursuline Sisters in Sydney hold an extraordinary and very precious hand-embroidered monstrance cloth from the early 1800s. The cloth accompanied the sisters to Australia in the 1880s. The intricate baroque design incorporates several angels including one of an angel staying the hand of Abraham as he prepared to sacrifice his son, Isaac. St Joseph’s Convent at Lochinvar has several antique angel-form candlesticks behind glass in their small museum.



September Baptisms

We welcome into the SJA Community of the Body of Christ the following children baptised during the month of September.

Leo Cole

Son of Callista and Sam

Sienna Ford

Daughter of Sarah and Daniel

Van Vella

Son of Kristi and Adam

Addilyn Symons

Daughter of Alicia and Daniel

Chelsie Pearman

Daughter of Amanda and Douglas



Leo Cole



Sienna Ford



Van Vella



Garden talk II

The honeysuckle hedge is all aflower
with scent transported on the morning breeze,
its heart embracing a well-constructed nest

where baby blackbirds open wide their
mouths and stretch for tasty morsels
from their mother's beak – a mealtime

brimming with that homely touch of
love and chirped delight where
nature demonstrates the path that

we might follow. A happy scene of
peace and quiet trust – a family
enrobed with care and comeliness,

a life adorned with the trappings of
simplicity. Did He not say,
Behold the birds of the air . . . ?

EAMONN MURTAGH



Sensitive

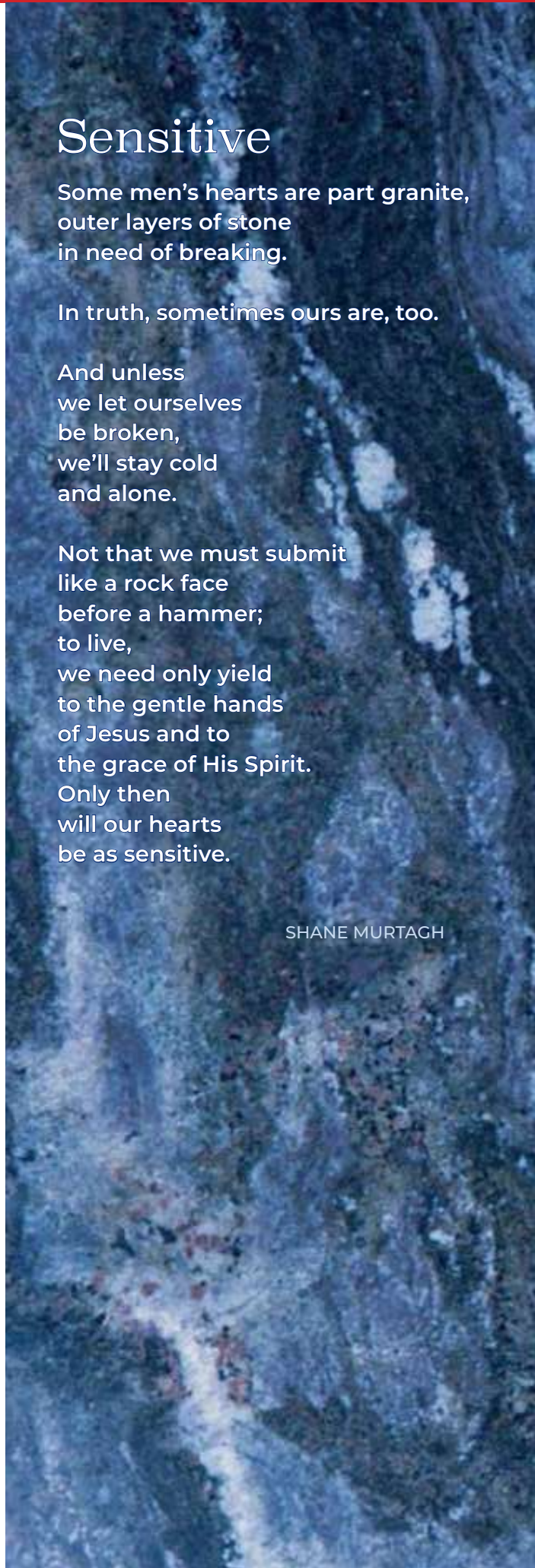
Some men's hearts are part granite,
outer layers of stone
in need of breaking.

In truth, sometimes ours are, too.

And unless
we let ourselves
be broken,
we'll stay cold
and alone.

Not that we must submit
like a rock face
before a hammer;
to live,
we need only yield
to the gentle hands
of Jesus and to
the grace of His Spirit.
Only then
will our hearts
be as sensitive.

SHANE MURTAGH



HEART TO HEART RETREAT

WHEN

7-9 October 2022

Fri 7 • 6:00pm – 9:00pm

Sat 8 • 9:00am – 4:00pm

Sun 9 • 10:00am – 4:00pm

WHERE

St John the Apostle Parish

25 Blackham Street HOLT ACT 2615

RSVP – 30 September 2022

marian@stjohnkippax.org.au

Retreat team • Fr. Dominic Gleeson msc, Marian England,
Rev. Deacon Michael Hangan msc assoc., Harita Perrotta.

BOOKINGS ESSENTIAL

HOSPITALITY

- Friday night dinner
- Saturday &
- Sunday lunch –
- Morning &
- Afternoon tea - provided

HEART SPIRITUALITY

- Desire for God
- Making space for God.
- What are you looking for?
- Grounded in God.
- The Breath of God.
- God's Heart on Earth.

COSTS

Your Time
Your Participation

CHEVALIER DAY

21 OCTOBER

TRIVIA NIGHT

6:30pm

Dinner

7:30pm

Trivia

RSVP

14 OCTOBER

PH. 6254 3236

EMAIL

kippax@cq.org.au

Dinner & wine
provided
please bring
a dessert



Come dressed in the
colours of France

Red ● White ● Blue ●

*Get together with friends and book a table for 6 or 8.
OR Come by yourself and we will put you on a table.*

OCTOBER 2022

1 & 2	Saturday Sunday	St Thérèse of the child Jesus <i>Feast</i> of the Guardian Angels 27th Sunday in Ordinary Time
3	Monday	PUBLIC HOLIDAY – LABOUR DAY
4	Tuesday	St Francis of Assisi – Season of Creation
5	Wednesday	
6	Thursday	Adoration - Contemplative Prayer with the Blessed Sacrament 7:30pm – 8:30pm
7	Friday	 Meditation – 5:15pm – Parish Library
8 & 9	Saturday Sunday	 Vigil Mass 6:00pm 28th Sunday in Ordinary Time
10	Monday	
11	Tuesday	
12	Wednesday	
13	Thursday	Parish Pastoral Council Meeting @ 7:30pm
14	Friday	Meditation @ 5:15pm – Parish Library Men's Group @ 6:30pm – Parish Centre
15 & 16	Saturday Sunday	29th Sunday in Ordinary Time Recognition of Parish Catechists 3:00pm Sunday Afternoon Bookclub – Library
17	Monday	Pins & Needles @ 7:15pm Parish Library
18	Tuesday	
19	Wednesday	
20	Thursday	
21	FRIDAY	Chevalier Day 9:30am mass followed by Morning Tea 6:00pm Dinner and Trivia Night FRENCH THEME Dress in the colours of France RED WHITE BLUE
22 & 23	Saturday Sunday	30th Sunday in Ordinary Time
24	Monday	
25	Tuesday	Women's Breakfast @ 7:30am – Bean Origin Belconnen
26	Wednesday	SJA Friendship Group – Mass @ 9:30am followed by morning tea
27	Thursday	Liturgy Meeting @ 7:30pm
28	Friday	11:00am Mass Anointing of the sick within mass followed by lunch Meditation @ 5:15pm – Parish Library Film Night @ 7:30pm Parish Library
29 & 30	Saturday Sunday	31st Sunday in Ordinary Time
31	Monday	

SJAYouth
SUNDAY
4:00pm–
6:00pm