



TO BE ON EARTH THE HEART OF GOD



***KIT* @ KIPPAX**

**ST JOHN THE APOSTLE PARISH - KIPPAX ACT
JUNE 2024**

Time for Reflection

KINDNESS



Defining Heart Spirituality is challenging, as it is more a lived experience than something easily articulated in words. However, James Maher msc offers a profound description:

"A Spirituality of the Heart is a way of living – a way of being in the world...a journey to be travelled (with others),...an energy that sustains and moves us, a dance in which we are participating... a way of being in the world, in relationship to self, others and God; a way of coming to rest within ourselves, at our deepest centre." James Maher msc

Jules Chevalier, through his prayer and devotion to the Sacred Heart of Jesus, came to understand that the Heart of Jesus is the Heart with which God loves humanity, and the entirety of creation. Recognizing that the people of his time were distancing themselves from God, Jules envisioned the regeneration of society through the love, compassion, mercy, and kindness found in the Heart of Jesus. Kindness became Jules Chevalier's way of embodying God's heart on earth.

Kindness, a virtue valued in both religious and secular contexts, can be broadly defined as *"the disposition of being considerate, service-minded, and concerned for others' well-being, without desiring or expecting anything in return."*

Although kindness and compassion are related, they are distinct. Kindness involves a two-way interaction, whereas compassion can be directed outward or inward and is more about feeling than action.

Kindness is a visible behaviour that others can observe. It encompasses qualities such as affection, warmth, and playfulness. When we are kind, we can admit our wrongdoing and reconnect with others, modelling openness and humility.

Compassion, on the other hand, is an inner experience. It can be directed toward others or oneself (self-compassion) and is characterized by sympathy, empathy, and concern. Compassion emphasizes nonjudgmental thinking, validation, distress tolerance, and acceptance. It is oriented toward healing, alleviating suffering, and acknowledging the universal nature of human suffering.

Time for Reflection



Kindness is powerful. A small act of kindness can change a life in an instant. We often underestimate our ability to transform someone else's day with a word of encouragement, a smile, an authentic interaction, compassionate listening, a well-placed compliment, a helping hand, or a hug.

Kindness is fierce, brave, and daring. It is fearless and selfless, never to be mistaken for mere niceness.

Prayer for Generosity.

*Lord Jesus teach me to love you.
To serve you as you deserve to be served.
To give without counting the cost.
To fight without counting the wounds.
To work without seeking rest.
To spend my life without expecting any other return
then the knowledge that I do your holy will.
Amen
St. Ignatius*

As Missionaries of the Sacred Heart of Jesus we are heart people. Our way of being "on earth the Heart of God" is through the virtues of kindness and compassion.

Kindness is Heart Spirituality in action.
Acts of kind words and deeds.

May we be on earth the Heart of God



*Leave
footprints
of kindness
wherever you
go*

EDITOR'S

Notes

We are now halfway through the year, and the first six months have been both full and busy, as documented in KIT each month.

Our sacramental program for 2024 was completed in June with the reception of the Sacrament of the Eucharist, photos on page 7.

- The Sacrament of Penance was celebrated during Lent on 14 March.
- The Sacrament of Confirmation was celebrated during the Easter Season on 17 May, two days before Pentecost Sunday.
- The Sacrament of the Eucharist was celebrated on the Feast of the Most Precious Body and Blood of Christ on 2 June.

June is traditionally the month of the Sacred Heart, with the feast day celebrated on the second Friday after Trinity Sunday, which this year fell on 7 June. This is an important feast day for the Missionaries of the Sacred Heart, and we celebrated it with a morning tea following the 9:30 am mass. Photos of this event are featured on page 5.

We began the month with the Sacrament of the Eucharist and concluded with the Sacrament of Healing, the Anointing of the Sick, on 28 June. This mass, held at the later time of 11:00 am, was followed by a two-course lunch. We hold this mass and lunch three times a year, with the next celebration scheduled for Friday, 25 October.

Looking ahead to July, we anticipate Archbishop Christopher Prowse's pastoral visit. The Archbishop will be in our parish the weekend of July 5-7. He will visit the primary school on Friday, meet with members of the Pastoral Council, Finance Council, Liturgy Team, and SJACare on Saturday, and celebrate the Saturday vigil mass.

The various ministries have commenced their formation and training sessions. Hospitality held their session on 1 June, and the Lectors had theirs on 15 June. The Ministers of Communion formation session will be held on Sunday, 14 July.

Fr. Chung will be in Vietnam from 18-30 July to attend a discernment gathering of the Vietnamese community.

As we reflect on these past months and look forward to the exciting events ahead, let us find warmth in our community and in the spirit of togetherness and shared vision. Despite the freezing weather outside, our shared experiences and faith keep our hearts warm and our spirits high.

Stay safe, stay warm, and may the rest of the year be filled with blessings and joy.

May we be God's Heart on earth.

Blessings
Marian

FEAST OF THE SACRED HEART



*May the Sacred Heart of
Jesus be everywhere
loved...forever*

Baptisms

We welcome into the SJA Community Body of Christ
The following children were baptised during the month of
June



Zyla Pagulayan daughter of Neil and Gritchain

Darci Atkinson daughter of Bruce and Emma

Payton Collins daughter of Joshua and Alexandra

George Gao son of Caiwen and Qiaozhen



Sacrament of Confirmation



Congratulations Emma Duke

June



First Holy Communion



Archie * Kyler * Ivy * Tess * Imogen * Lachlan * Pia * Chloe * Martin * Austin
 Daniel * Mackenzie * Daniel * Austin * Charlotte * Annika * Roger
 Isabelle * Ellie * Zoe * Simon



Anointing
Mass
June
2024



Silence

All tranquil by the lake at peace;
beyond the warring cares of earth
lie happiness and silence.

The gentle sounds of bird and bee
have cadences both long and
sweet;
they are the songs of silence.

These moments full of fairy rhyme
create a chain of noiseless notes:
the silver shroud of silence.

He seeks the stillness of the soul
with calm consoling quietude,
the healing grace of silence.

And when we listen to and hear
His words of peace and quiet love,
we hear the voice of silence.

Praise be each moment of the day
when solitude with fond embrace
enshrouds the soul in silence!

Eamonn Murtagh

A Pause

You can say a lot with a pause.

Like a rest
in a musical score,
it accentuates what is to follow
while giving the listener
time to assimilate
what came before.

Yet in the West
silence has become
a snow leopard,
a beast rarely seen and one rarely
heard,
at least in the public arena.

To save her,
we may need to spend some time
in a monastery,
a place where pauses
are welcome guests,
spirits to sanctify speech's flesh.

Shane Murtagh

Devotion to the Sacred Heart of Jesus

Introduction

Jules Chevalier msc founder of the Missionaries of the Sacred Heart of Jesus, was inspired by St Margaret Mary Alacoque, a French nun, who shortly after she was professed, received a tremendous grace. She was praying in front of the Blessed Sacrament when she was filled with Jesus' presence, to the extent that she forgot where she was.

Jules Chevalier MSC, saw clearly that our Charism and our Spirituality is the answer to all the ills of our time. More than ever, in our day, we need a Spirituality of the heart; a spirituality of compassion, of love and of mission.

The MSC constitutions, approved by our Universal Church, have given us a mandate:

A mandate to.....

'be like Jesus who loved with a human heart'

A mandate to.....

'lead others to God with kindness and gentleness'

A mandate to.....

'unite all to Jesus and to free them from fear'

A mandate for.....

'justice and concern for all, especially the very poor'.

Sacred Heart Devotion

The heart is the centre of our being, and the seat of our emotions and love. The Sacred Heart of Jesus symbolizes his great love for humanity. Jesus initiated this devotion out of his great love for us.

Why the Heart?

Christ's physical heart symbolises his love for humanity. Devotion to the heart of Christ is a devotion to Christ's divine love.

Where did it start?

Early devotion to the Sacred Heart of Jesus can be traced to the 11th and 12th centuries at Benedictine and Cistercian monasteries in Europe.

World Consecration.

Pope Leo XIII consecrated the world to the Sacred Heart of Jesus in 1899, bringing about an increase in the devotion.

French Saints promote devotion.

During apparitions to St Margaret Mary Alacoque in the late 17th-century France, Christ is believed to have encouraged devotions to his Sacred Heart.

The 19th-century French School of Spirituality.

The French Wars of Religion and the French Revolution created civil chaos in 17th- to 19th-century France, but they also sowed the seeds for active periods of a spiritual renewal that still influence Catholicism today even far beyond the borders of France.

Fr Jules Chevalier msc, was influenced by St Margaret Mary and the French School of Spirituality. Chevalier came to know that the Sacred Heart is not a part of Jesus, it is all of who Jesus is. For Chevalier, God was and is all heart, all love, and nothing but love.

Devotion in practise.

Many Catholics receive the Eucharist on nine consecutive 1st Fridays consecrating themselves to the Sacred Heart.

St Margaret Mary always devoted an hour in prayer with the Blessed Sacrament the Thursday evening before a 1st Friday.

Devotion of the Sacred Heart of Jesus



“So, could you not watch with me one hour?”

Practices of the Sacred Heart Devotion

Jesus asked for devotees of the Sacred Heart to make a holy hour on Thursday night. This commemorates the time Jesus suffered greatly in the Garden of Gethsemane and when he asked his closest apostles to stay with him. After finding his apostles asleep, he asked: “So, could you not watch with me one hour?” In his great suffering then and now, Jesus wants us to spend time with him and to be close to him.

He also asked for there to be a feast of the Sacred Heart on the Friday after Corpus Christi. This feast would be another opportunity to make reparation for all the offenses against the Eucharist.

Lastly, he requested that individuals receive Holy Communion on the First Friday of each month. He made generous promises to those who follow this devotion for nine months: “In the excess of the mercy of my heart, I promise you that my all powerful love will grant to all those who will receive Communion on the First Fridays, for nine consecutive months, the grace of final repentance: they will not die in my displeasure, nor without receiving the sacraments; and my heart will be their secure refuge in that last hour.”

First Friday of the Month

Mass of the Sacred Heart of Jesus



Please join us for Mass of the
Sacred Heart - 9:30am
every 1st Friday
All Welcome

Inspired by Pope Francis

One of my regular reading delights is to absorb Pope Francis' writings in the daily "Vatican News". In the stories from the Vatican our Holy Father shares his dreams, his wisdom and his concerns with people of all faiths and, importantly, to anyone searching for the way forward for our world. His pastoral heart reaches out to other world leaders and to those with no power or prestige as he offers a faith perspective on the variety of problems he encounters. Recently, Francis prayed "May the Holy Spirit, who inspired the Scriptures, and now breathes with them, help us to grasp this love of God in the concrete situations of our life."

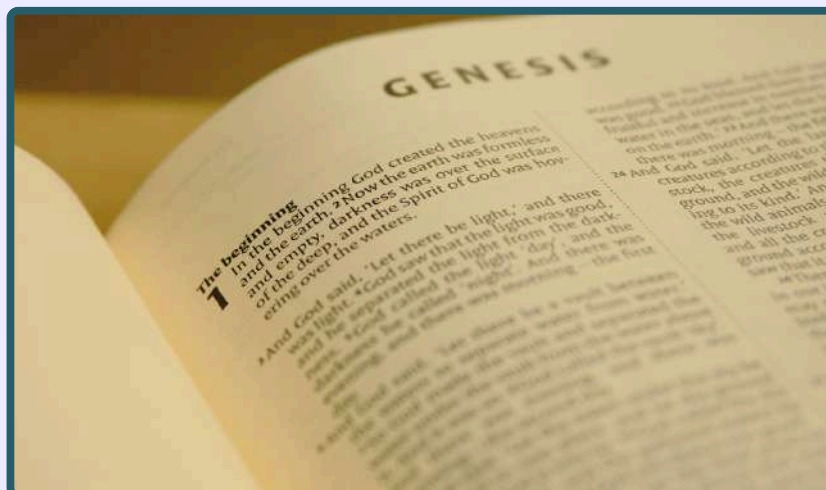
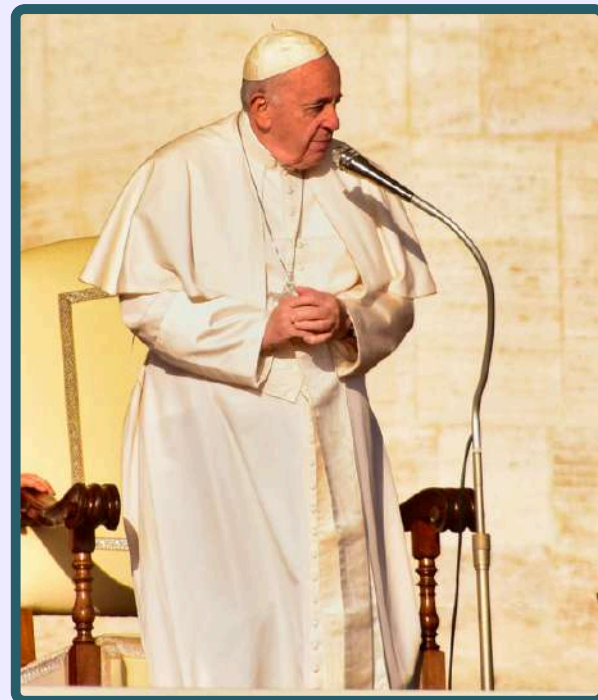
These words reminded me of the wonderful text from the Book of Genesis: 'the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.'

The Scriptures are our lifeline; the living Word which shapes our destiny. When we read Scripture, we are learning to grasp the love of God and praying through our reading we can relate this wisdom to our life in all its messiness and beauty.

What a gracious and generous God to work through his Holy Spirit to give us the breath of life.

Pam Connor

Vatican News can be accessed via the link below
<https://www.vaticannews.va/en.html>



Pope Francis' Prayer Intention July 2024

For the pastoral care of the sick

July's prayer intention asks that the sacrament of the anointing of the sick bestows "the Lord's strength to those who receive it and to their loved ones, becoming a visible sign of compassion and hope for everyone."

KIT @ Kippax

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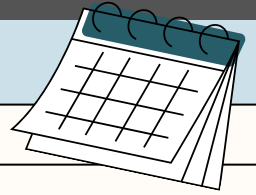
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JULY 2024



1	Monday	
2	Tuesday	
3	Wednesday	
4	Thursday	Gethsemane – Prayer with the Blessed Sacrament 7:30pm
5	Friday	1st Friday of the Month - Mass of the Sacred Heart Meditation - 5:30pm Parish Library
6	Saturday	Archbishop Christopher Prowse - Pastoral Visit
7	Sunday	14th Sunday in Ordinary Time - Year B Aboriginal and Torres Strait Islander Sunday
8	Monday	
9	Tuesday	Community connections - Coffee Ichi Cafe - Kippax 2:00pm Movie Night - Parish Library 7:00pm
10	Wednesday	
11	Thursday	PPC meeting 7:30pm
12	Friday	Meditation - 5:30pm - Parish Library
13	Saturday	
14	Sunday	15th Sunday in Ordinary Time - Year B
15	Monday	Pins & Needles - Parish Library 7:15pm
16	Tuesday	
17	Wednesday	
18	Thursday	
19	Friday	Father Chung in Vietnam Meditation - 5:30pm - Parish Library
20	Saturday	Father Chung in Vietnam St Vincent de Paul - Winter Appeal this weekend
21	Sunday	Father Chung in Vietnam 16th Sunday in Ordinary Time - Year B Community Connections – Parish Centre 4:00pm – 5:30pm
22	Monday	Father Chung in Vietnam
23	Tuesday	Father Chung in Vietnam Women's breakfast – Bean Origin café 7:30am
24	Wednesday	Father Chung in Vietnam
25	Thursday	Father Chung in Vietnam Liturgy Meeting 7:30pm
26	Friday	Father Chung in Vietnam Anointing after 9:30am mass Meditation - 5:30pm - Parish Library
27	Saturday	Father Chung in Vietnam
28	Sunday	Father Chung in Vietnam 17th Sunday in Ordinary Time - Year B
29	Monday	Father Chung in Vietnam
30	Tuesday	Father Chung in Vietnam
31	Wednesday	Father Chung in Vietnam