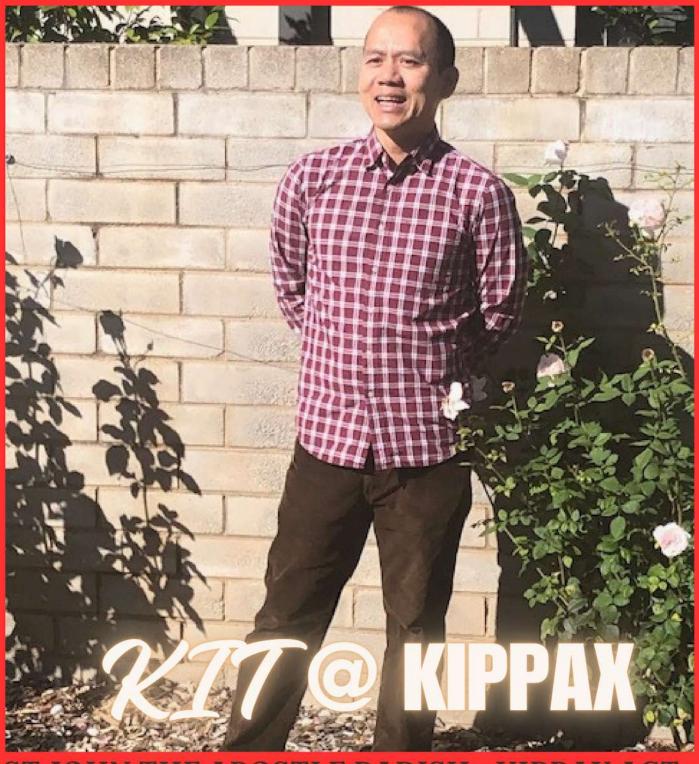






TO BE ON EARTH THE HEART OF GOD



ST JOHN THE APOSTLE PARISH - KIPPAX ACT 2024

passed.

Time for Reflection

There is a TV show currently airing on television
titled Swedish Death Cleaning. Swedish death
cleaning is a method of organizing and
decluttering your home before you die to lessen
the burden of your loved ones after you've

One participant who was having her possessions decluttered stated that in the process her soul had also been decluttered.

I was struck by this. I had never thought of my soul being cluttered and started thinking how do you declutter your soul?

Have you ever thought about what kind of mental clutter has built up inside of you? Clutter that weighs you down physically, emotionally, and spiritually. This clutter could be a host of different things...

- · Unhealthy relationships causing pain.
- Comparing ourselves to those around us.
- Judgements from others that make us feel defeated.
- Maybe we carry wounds from our childhood that we've never really dealt with.
- Your life hasn't turned out the way you dreamed it would.

Instead of carrying our cross, we are carrying around all the things that clutter our soul.

Internal clutter takes its toll on a soul created for freedom. Soul clutter, if not addressed, can take on the form of fear, depression, anxiety, addiction, chronic stress, and even physical ailments.

Sometimes, we can't navigate our way through this fog of clutter. We are stuck: spiritually, emotionally, psychologically.

When we've been dealing with a problem and it just never seems to get better, it might be time to seek counselling and talk to a professional.

Our clutter may be spiritual and not psychological. Perhaps you're really longing to enter into a deeper relationship with God, but you aren't sure how. Perhaps you want to find new spiritual paths. Sometimes we want to lead a holier, more spiritually mature life but we just aren't sure how to get there. A spiritual director can be the key.

Confession is good for the soul. St James, in his letter 5:13-15, reminds us that confession and prayer will produce a powerful result - healing. He even goes as far as saying that prayer continues working even after the one praying has finished speaking. In other words, we pray and then the prayer goes to work on our behalf.

Lent is a penitential season and it is a time to "season" our lives with a deeper realization of what we actually believe. Jesus, son of God, died for me. My own efforts and good work don't save me. They are important because they make faith alive in my life, not just an abstract fact in my head.

Use this lent to declutter your soul. Below are three ways that may help you to declutter:

Observe: With the help of the Holy Spirit listen to the inner reactions of the physical, emotional, and spiritual parts of you.

Own: Own your actions, your attitudes, your behavior, and your choices.

Overcome: Transcending our trials and tribulations is possible with help from the Holy Spirit. When we understand who we are in Christ, we can begin to overcome what has been overwhelming us.

"For anyone who is born of God has already overcome the world; this is the victory over the world – our faith" (1John 5:4).

EDITOR'S NOTE

Welcome to 2024.

It is with a touch of sadness that I announce Mariana's retirement as the co-producer of KIT. I extend my heartfelt gratitude to Mariana for her unwavering dedication over the past years, contributing significantly to transforming KIT into the professional production it has become. Collaborating with her each month, from decisions on the front cover to the back page layout, has been a pleasure. I will genuinely miss her insightful advice and expertise.

Nevertheless, KIT will persist, albeit with a potential shift in its polished appearance. Kirsty Vera, our finance officer from the parish office, has stepped in to assist in its production each month. I am grateful to Kirsty for volunteering her time and talent towards the production of KIT. Kirsty and I welcome your contributions.

Although January has been meeting-free, it has remained quite busy. Br. Daniel Magadia msc, who was on a pastoral placement with us for five weeks, departed on 14 January. Daniel will continue his formation in Melbourne before being ordained a Deacon later this year. Daniel has expressed his gratitude, and you can find his thank-you note on page 8



Fr. Tru arrived on Thursday, 18 January, and we welcomed him with a potluck lunch on Sunday, 28 January, as featured on page 6. We extend our warmest wishes to Tru for a fulfilling and joyous ministry with us. Kirsty conducted an interview with Tru, which you can read on page 6.

Fr. Chung commenced his annual holiday on Monday, 29 January, returning home to Vietnam to spend time with family and celebrate Luna New Year. He is expected to be back at SJA on Saturday, 25 February. We wish him a restful holiday, safe travels, and a safe return to us.

Pastoral visits to parishioners and Kalparrin residents continued throughout January. This ministry never takes a rest, and we express our gratitude to the dedicated ministers who selflessly contribute to this service. The SJACare team will meet on 2 February.

As we transition into February, we also enter the Lenten season, with Ash Wednesday falling on 14 February. Please refer to the notice on page 7 for details. Both the PPC and FC will convene during February, with the PPC holding a formation morning on Saturday, 18 February.

Blessings,

Marian





KIT @ Kippax

KIT is produced for the St John the Apostle Catholic Community from contributions submitted by parishioners. Send submissions to kippax@cg.org.au

Editor Marian England * Graphic Design: Kirsty Vera

St John the Apostle Parish Kippax ACT * 25 Blackham Street, HOLT ACT 2615

NOT FOR RESALE OR REPRODUCTION

January Baptisms

We welcome into the SJA Community Body of Christ The following children were baptised during the month of January



Conor Hally
Son of Liam and Catherine

Miley Hua Daughter of Gia and Khanh

Riker Brummel
Son of Jammil and Florica

As the children and teachers of our parish get ready to return to school, we keep them in our prayers.

Lord our God,
in your wisdom and love
you surround us with the mysteries of the universe.
Send your Spirit upon these students and teachers
and fill them with your wisdom and blessings.
Grant that they may
devote themselves to their learning
and draw ever closer to you,
the source of all knowledge.

We ask this through Christ our Lord.
Amen.



An Interview with Fr. Tru Nguyen msc

WHEN AND WHERE WERE YOU BORN?

I was born on the 12th December 1979, in Vietnam.

CAN YOU TELL US A BIT ABOUT YOUR FAMILY?

I have a very extended family. My immediate family consists of my mother, my older sister and myself. My mother and sister live in Adelaide and have been there since 1991, when we first arrived in Australia.



HOW LONG HAVE YOU BEEN AN MSC PRIEST?

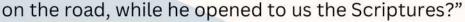
I joined the MSCs in 2008 after a discernment weekend. I found that a vocation with the MSC is my true calling. I was ordained on the 24th of July 2015. After my ordination I did my mission in Randwick, Our Lady of the Sacred Heart, for four years. At the end of 2018 I moved to Erskineville and did a new missionary outreach to the local area. Before coming to Kippax, I was in Douglas Park for two years involved in retreats, spiritual direction and assisting in formation.

DO YOU HAVE ANY FAVOURITE PAST-TIMES OR HOBBIES?

Sport - I like soccer and played when I was younger. Now, I like kayaking and canoeing. I also enjoy hiking. I also like spiritual reading, and enjoy eating, hospitality and sharing fellowship.

DO YOU HAVE A SCRIPTURE OR QUOTE THAT INSPIRES YOU?

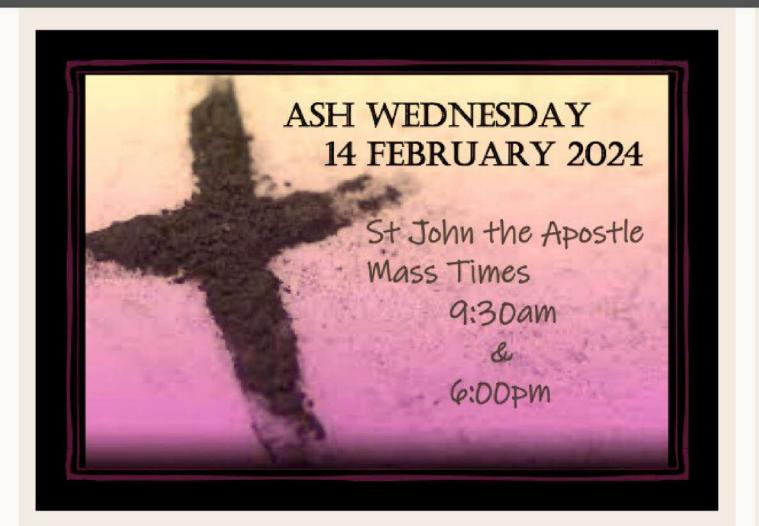
One of the scripture passages that I like is On The Road To Emmaus, Luke 24: "They said to each other, "Did not our hearts burn within us while he talked to us











<u>Pope Francis' Prayer Intention for</u> <u>January</u>

For the gift of diversity in the Church

We pray that the Holy Spirit may help us to recognize the gift of different charisms within the Christian community and to discover the richness of different traditions and rituals in the Catholic Church.

BR. DANIEL MAGADIA MSC

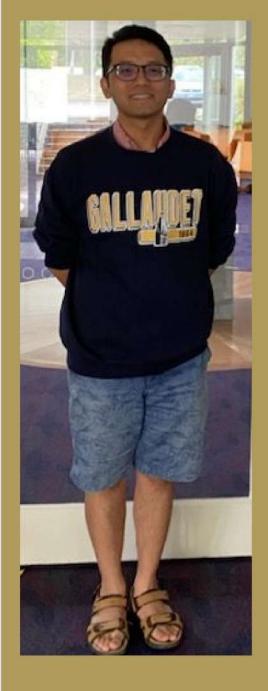
Pastoral Placement - SJA Kippax ACT

Fresh from a major milestone in my MSC journey, I was off to Canberra for my pastoral placement at St John the Apostle (Kippax). This was my first time staying in our nation's capital. On one end, I was excited to learn from my experience in the parish. Also, I was keen to check out the landmarks. Some minor highlights were visiting Parliament House as a citizen this time, and even being able to attend a pro-wrestling event in the city. That was very entertaining.

The parish has always intrigued me, for I have heard much about the place. One of my biggest MSC influences growing up, Fr John Rate MSC, was a former parish priest. Our former provincial, Fr Chris McPhee MSC, once ministered at Kippax too. And he spoke fondly about St John's. Did it live up to the hype? It sure did!

Upon arriving, I was struck by how warm and welcoming the parish community was. It brought me back to my home parish in Adelaide, which was once under MSC care. The charism is running deep and strong at Kippax for sure. Another quality that stood out was its vibrancy, with active parishioners and rosters full to the brim. The priests were okay too.

Cheekiness aside, I owe a bit of gratitude to Fr Kimi and Fr Chung for their guidance and insights, and their company. The same can be said for staff, like Marian, Kirsty, and the two Sharons. Thank you to the whole parish community for your hospitality, generosity, and encouragement over the five weeks I was there.



Library News

After many years of dedicated service, we would like to acknowledge the wonderful work of Mary French in the parish library. Her commitment and dedication to the library was a true blessing to the parish and we will miss her expertise and knowledge. Many of the people who visit Mary in Kalparrin will know how she still has a love of books. Thank you Mary!

We would very much like to continue Mary's important work of upkeeping the library.

Kirsty Vera is currently cataloguing new books to add to the library and is always looking to add in new books. She is also updating the displays weekly, so please pop in if you are looking for your next spiritual read.

The SJA Library aims to offer books on theology, the history of the Church and issues that have shaped it, how to walk with God in an ever-changing society, and other resources to deepen faith. This year we are focusing on books that deal with mental health and would happily accept any recommendations.





"A library is a good place to go when you feel unhappy, for there, in a book, you may find encouragement and comfort. A library is a good place to go when you feel bewildered or undecided, for there, in a book, you may have your question answered."

MONEY MATTER\$

Annual Financial Statement

AS AT 31 December 2023

PARISH St John the Apostle Kippax ACT

PARISH OPERATING ACCOUNT

	INCOME	\$
4.1	Direct Giving	235,981.38
4.2	Donations/Bequests	18,740.64
4.3	Functions/Ceremonies	
4.4	Hire/Rent of Facilities	
4.5	Sale of Religious Items	2,879.22
4.6	Sundry Income	7,108.64
4.7	Diocesan Collections	7,334.10
4.8	Education Recoupment	2,465.00
4.9	Capital Items	
4.10	Other- Parish appeals	29,051.10
4.0	TOTAL INCOME	\$303,560.08

	EXPENDITURE	\$
6.1	Administration Costs	53,768.36
6.2	Motor Vehicle	16,800.00
6.3	Education Resources	11,671.94
6.4	Salaries and Wages	128,455.87
	Leave Provisions	1,100.28
6.5	Insurances	25,643.37
6.6	Appeals/Donations/Levies	24,873.3
6.7	Capital Items	76,201.34
6.8	Property Charges	18,742.91
6.9	Presbytery Expenses	
6.10	Other – Parish appeals	29,051.1
6.0	TOTAL EXPENDITURE	\$386,308.47

BALANCE SHEET

BALANCE SHEET	NET ASSETS	\$
	Assets	
1.1	General Cheque Account	\$ 7,942.86
1.2	Parish Investment Account	\$ 39,070.6
1.3	Other – LSL & Leave Provisions	\$ 57,040.43
	Other – Provisions equipment	\$ 6,103.36
	Petty Cash	
	Photocopier & Computers	\$ 7,620.59
1.0	Total Assets	\$117,777.84
	Liabilities	
2.1	GST Liabilities	
2.2	CDF Loans	\$229,646.97
2.3	Other – Provisions Staff	\$72,712.22
2.0	Total Liabilities	\$302,359.19
3.0 (Item 1.0 minus Item 2.0)	NET CASH ASSETS	-\$184,581.35
	RECONCILIATION	\$
	Balance B/F 1 January 2021	-\$101,832.96
(Item 4.0 minus Item 6.0)	Surplus/[Deficit]	-\$82,748.39
Item 3.0	NET CASH ASSETS	-\$184,581.35

SJA'S FINANCIAL COUNCIL MEMBERS

Fr. Tru Nguyen John Drury Peter Polkinghorne Sabina Van Rooy Trevor Williams Kirsty Vera

A'detailed Finance Report will be provided after the February Finance Council Meeting



SJA's Cross Restored

After close to 50 years in the church grounds the cross was showing signs of deterioration. Thank you to Graham Erickson and Nunga Umaru who volunteered their time and talents to repair and spruce up the cross. It is now good for another 50 years.





February 2024

	1 6	Drudry 2024
1	Thursday	Adoration with the Blessed Sacrament - 7:30pm - 8:30pm
2	Friday	Meditation @ 5:15pm - Parish Library
3	Saturday	
4	Sunday	5th Sunday in Ordinary Time - Year B
5	Monday	
6	Tuesday	
7	Wednesday	
8	Thursday	Fr. Tru Deanery Meeting
9	Friday	
10	Saturday	
11	Sunday	6th Sunday in Ordinary Time - Year B
12	Monday	Penance Formation Evening - Parish Centre - 7:00pm
13	Tuesday	Shrove Tuesday
14	Wednesday	Ash Wednesday - Masses at 9:30am and 6:00pm
15	Thursday	
16	Friday	Men's Group - Parish Centre - 6:30pm - 8:00pm
17	Saturday	PPC Formation Morning - 8:00am - 12 noon Time and Talents Forms Distributed
		Presentation Mass for Penance - 5:00pm
18	Sunday	First Sunday of Lent - Year B Time and Talents Forms Distributed
		Presentation Masses for Penance - 8:30am, 10:00am, and 6:00pm
19	Monday	Pins & Needles - Parish Library - 7:15pm
20	Tuesday	
21	Wednesday	
22	Thursday	Finance Council Meeting - Parish Library - 11:00am Liturgy Team Meeting - Parish Library - 7:30pm
23	Friday	Anointing of the sick within mass. Mass will be at 11:00am followed by lunch in the church foyer afterwards. Movie Night - Parish Library 7:30pm
24	Saturday	
25	Sunday	Second Sunday of Lent - Year B
26	Monday	
27	Tuesday	Women's Breakfast - Bean Origin Cafe - 7:30am
28	Wednesday	12
29	Thursday	